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Reveal

KIM'S BIZARRE BABY RITUALS

She hires a 'baby whisperer'
for £320 an **HOUR!**

Kylie

The world's most
glamorous teen turns 18



Britney



Coleen

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ISSUE 31



8-14 AUGUST 2015 *T&Cs apply

SARAH HARDING

MYLEENE KLASS

**NO MORE
BAD BOYS
FOR US!**

TAKE YOUR HAIR TO PARADISE





Pete who? Katie and Kieran are all smiles

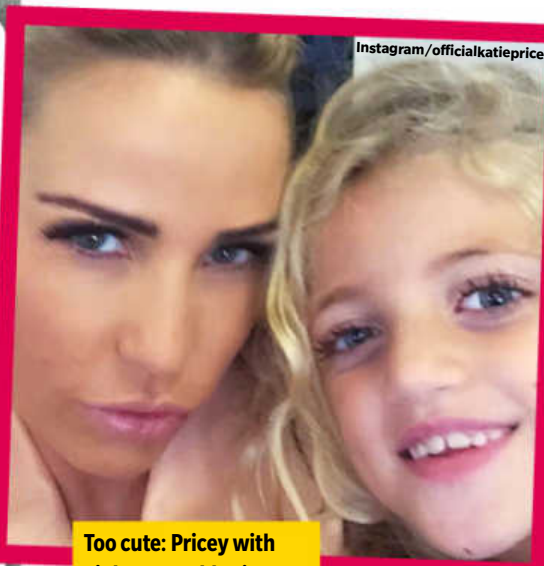
PRICEY'S BACK!

When it comes to being in the limelight, we all know outspoken Katie Price is certainly no wallflower! And it seems The Pricey hasn't been entirely pleased to see her ex-husband Peter Andre (who wed Emily MacDonagh last month) hogging all the headlines – so she's now planning a few of her own...

After her sarcastic tweet to England footballer Joe Hart on his wedding day just weeks ago, the mum-of-five, 37, has inundated us with PDAs with husband Kieran Hayler, 28, and her five children on social media in a bid to snatch back some of the glory.

And daughters Princess Tiaamii and Bunny aren't the only girls she's been flashing, as the former glamour model has been opting for revealing Jordan-esque outfits, too #ThrowbackThursday.

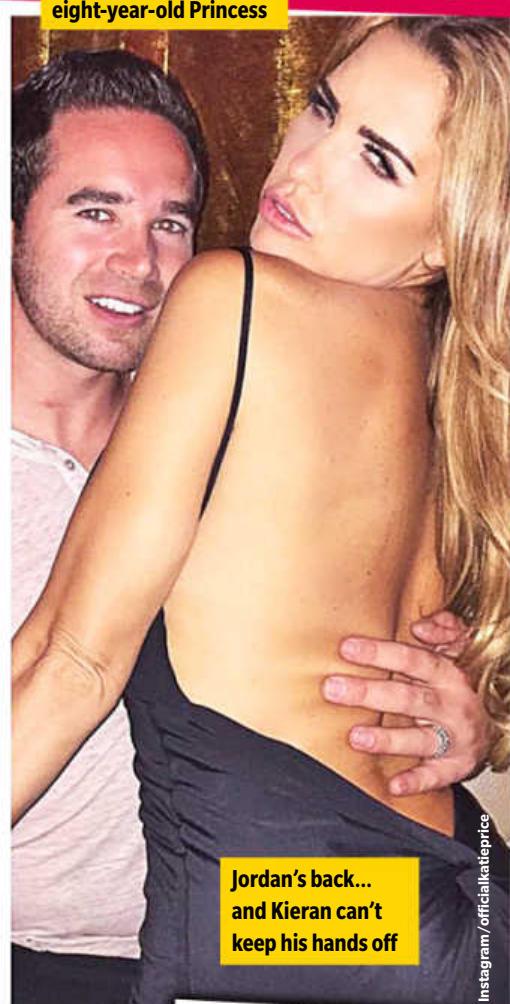
It's great to see Katie happy again after a rocky start to the year, but we can't help but feel she's trying to compete with Pete...



Too cute: Pricey with eight-year-old Princess



A right handful! Katie and [L-R] Junior, Harvey, Jett, Bunny and Princess Tiaamii



Jordan's back... and Kieran can't keep his hands off

INSIDE YOUR REVEAL THIS WEEK...



10 Rihanna plays it cool with F1 racer Lewis



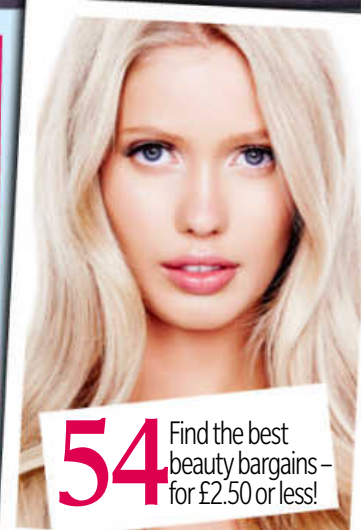
23 She's 46, but J. Lo's still got it



19 Fans praise 'skinny' Cheryl



30 A pageant princess at eight months



54 Find the best beauty bargains – for £2.50 or less!



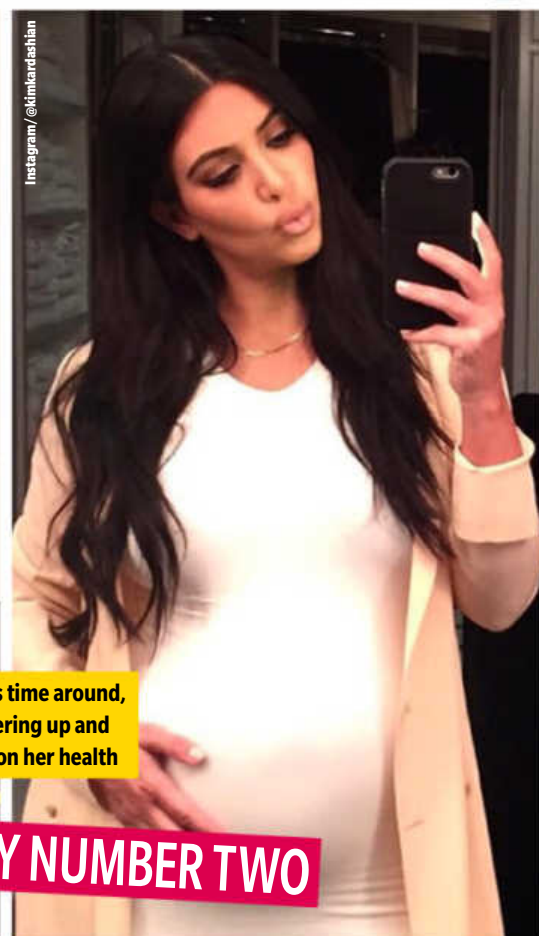
Kim was subjected to cruel body taunts during her first pregnancy...

PREGNANT WITH NORTH



... but this time around, she's covering up and focusing on her health

WITH BABY NUMBER TWO



KIM'S BIZARRE BABY RITUALS

Hiring a 'baby whisperer' is just the latest in a series of strange moves by Kim Kardashian West as she obsesses over her second pregnancy...

Kim Kardashian West is determined not to let her second pregnancy be as difficult as her first and is pulling out all the stops to make sure she's as fit and healthy as possible.

And, given that Kim, 34, is worth squillions and totally obsessed with her looks, she's obviously plumped for some less-than-normal ideas. We're told she's even hired a specialist prenatal masseuse whose sole job is to stop her looking bloated. Yup.

'Kim is seeing a baby weight whisperer who specialises in moving extra weight back to her bump,' explains our insider.

At five months, Kim's gained just under 2st and we're told, 'She's not unhappy with the weight gain, just the fact that it seems to go everywhere in her body and she feels like she is ballooning.'

'She's really careful about overdoing it on sweets and carbs, but is still getting water weight on her arms, butt and feet. The whisperer has promised she

can move the excess fat and water back to its proper place – around the bump to support the baby.'

Despite an eye-watering bill of £320 PER HOUR and sessions every other day, Kim's determined to make the most of the unusual massages.

'The treatment gently increases circulation into wherever Kim feels bloated. Pregnancy-safe aromatic oils are used on her ankles, which have swollen up, as well as some very low-level electric stimulation. Right now, her breasts are so heavy that her back hurts and Kim says her thighs feel like giant Greek pillars.'

CODE NAME CRAZY

The massages may seem bizarre, but Kim is no stranger to trying out new things. When she and Kanye West, 38, tried to get pregnant with baby number two, we told you how the reality star threw herself into unusual fertility rituals. 'She surrounds herself with moonstone crystals and meditates, wears



The star injected blood into her face for beauty

pearls during sex and insists on red, gold, yellow and green bed sheets – colours she's been told represent fertility.'

Kim also visited a doctor to have her uterus 'cleaned out', and momager Kris Jenner was shown before and after pictures of Kim's insides.

Even outside of baby-making, Kim's up for trying bizarre techniques. Before her 2014 wedding, it was reported she had her bum, breasts and thighs slapped to tighten skin, and spent six hours a day having treatments while on holiday in Thailand – something which Kim denied.

Then, during a photoshoot last year, an assistant had the sole responsibility of making sure Kim's butt was groomed to perfection, and spent the majority of the day rubbing shimmer oil into her posterior. And who can forget the vampire facial, which involved injecting her own blood into her face to smooth wrinkles?

PREVIOUS PITFALLS

After Kim's first child, North, two, arrived in June 2013, Kim reflected, 'Pregnancy was not a good experience for me. At all.'

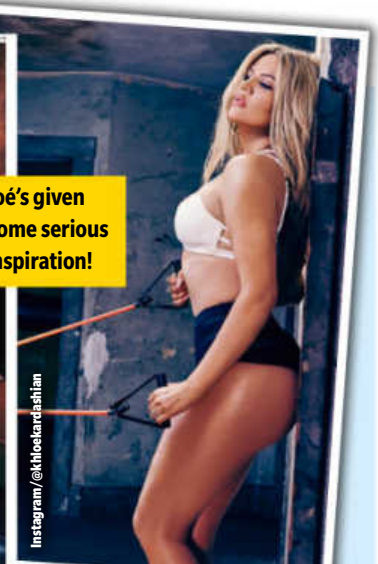
As well as the physical discomfort of water retention and pre-eclampsia, Kim was cruelly compared to Shamu the whale and later said, 'Every day I would hear people criticise me... Little by little, it would chip away at my soul.'

This time around, Kim's focusing on her diet and, as we told you last week, ordered a salad during a promo shoot with a burger company. She's also been slipping into flowing coats to keep attention on her bump, as well as recently addressing her weight gain in a positive way, saying, 'Can't hide it now! 5 months (20 weeks) and 20lb up.'

Hannah Doyle



Khloé's given us some serious gymspiration!



KIM GIVES KHLOÉ CONFIDENCE

She might not be feeling tip top right now, but Kim's made sure younger sister Khloé Kardashian's body confidence is through the roof.

Gym bunny Khloé, 31, absolutely nailed a photoshoot with Complex magazine, posing in sexy workout gear and oversized hoop earrings.

She said, 'I have to shout out and thank my incredibly supportive sister @kimkardashian for forcing me to do this Complex shoot! I have been procrastinating because I was too scared to do it! But Kimberly made me and had more confidence in me than I had myself!! I love you, Keeks!'

PANTENE



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At four months pregnant, Col's baby bump is growing fast

The mum-of-two took extra care in protecting her skin from the sun



COLEEN'S *babymoon*

Just weeks after announcing she's pregnant with her third child, Coleen Rooney looks incredible on her latest family holiday...

While her hubby Wayne Rooney is busy training for the new football season, pregnant Coleen Rooney looked radiant as she enjoyed a family holiday in Portugal with their two boys, Kai, five, and Klay, two.

Coleen, 29, first announced the news of her pregnancy on Twitter last month, telling fans, 'Baby number 3 is on the way... January! We are so happy and excited.'

And since sharing the news, WAG Coleen looked happy to show off her four-month bump as she embarked on a fun family day in the sun with her sons.

Showing off her enviable tan, Coleen sported a multicoloured bikini as she built

sandcastles and went fishing with her boys, who enjoyed spending quality time in the sunshine with their mum.

While fitness fan Coleen has always appeared keen to maintain her slim figure, the WAG treated her boys to burgers and chips before indulging in an ice lolly later that day.

Looking more relaxed than ever third time around, regular holidaymaker Coleen sipped on non-alcoholic beer as she chilled out on her second trip to Portugal this year, just weeks after returning from Barbados with Manchester United and England star Wayne.

Lucky girl.

Katherine Parkes

Photos: FIMET



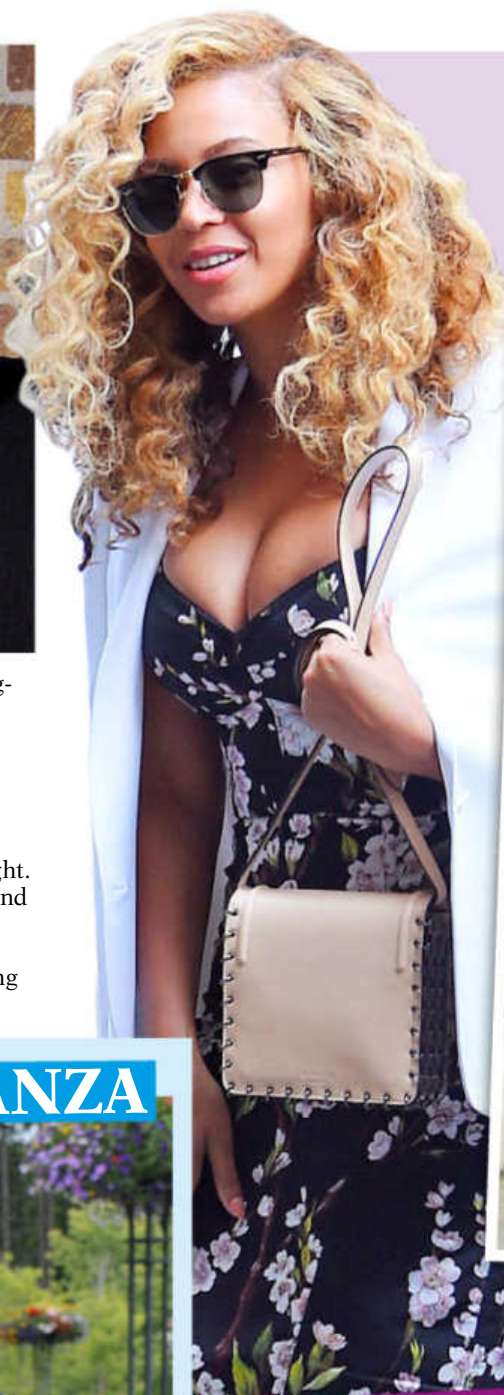
LAUREN & JESS CALL A TRUCE

We're used to a *TOWIE* cat fight, and Jess Wright's falling-out with Lauren Pope over her 'breaking the girl code' has been bubbling away for a while now.

So it was action stations at the Diet Coke JW Anderson collection launch in London last week when the rivals both turned up!

The girls came to blows after Lauren dated Jess' ex Dan Edgar, so organisers tried to keep the ladies apart on the night. But there was no need, as the girls have buried the hatchet and were sharing gossip and giggles over a glass of wine.

Jess told *Reveal*, 'We're friends again and I'm pleased. I'd never let a guy come between us again.' Lauren agreed, telling us, 'I'm glad I've got my friend back.'



Looking good, girls!
Beyoncé and Kelly
Brook (above)

BRIAN'S BIG BONANZA



BB star Brian
has married
partner
Arthur in
Ireland

Brian Dowling doesn't do things by halves, so we expected nothing less than a lavish, star-studded affair in the Irish countryside for his big day.

The former *Big Brother* winner, 37, married long-term partner Arthur Gourounlian at a gorgeous sprawling country estate outside Dublin last week – just weeks after same-sex marriage was legalised in Ireland.

The pair legally wed in

London earlier this year but wanted to bless their marriage in Brian's home country.

In preparation for the big day, Arthur shed a whopping 3st in weight and the pair looked dapper in formal black suits for their nuptials.

Joining them as a bridesmaid was Brian's *Big Brother* co-star Narinder Kaur, while Kimberley Walsh, Louis Walsh, Vernon Kay and Tess Daly were among his showbiz pals in attendance.

KILLER CURVES

Good news, ladies! It's time to take a leaf out of Beyoncé's book and flaunt your fabulous curves.

Queen Bey, 33, has been showing off her killer cleavage of late. The singer usually loves sharing snaps of herself in swimwear, but more recently it's been all about that bust and some sexy close-ups. Some reports suggest that she could be pregnant with a sibling for three-year-old daughter Blue Ivy but, pregnant or not, we think she looks awesome.

Kelly Brook's following suit and making sure her trademark curves take centre stage. Whether she's out with dishy French boyfriend Jeremy Parisi, joining the jiu jitsu instructor for workouts in the countryside or tucking into a delicious Sunday roast, 35-year-old Kelly makes sure she enjoys a healthy, balanced approach to life.

Way to go, Kel!

GOODBYE, STUART BAGGS

Apprentice star Stuart Baggs has passed away at just 27 years old in what police have called 'unexplained circumstances'.

The youngest-ever candidate in the BBC One show, who appeared on the show in 2010 aged 21, was found dead in his seaside flat on the Isle of Man just a week after celebrating his birthday and the launch of his latest business venture.

In a released statement, police described Stuart's shock death as 'sudden and unexpected', while stating that there was 'nothing to indicate that his death is criminally suspicious'.

Leading the tributes to one of the show's most memorable contestants, Lord Sugar tweeted (below), 'Terrible news Stuart Baggs has died. My sincere condolences to his family and friends. RIP one of the stand out characters of the apprentice'.

Meanwhile, his sister Charlotte, 30, called him 'the biggest character', adding, 'Can't explain how proud I am of Stuart. He was the king of following his dreams and making them happen. I love you so much! Rest in peace baby brother.'



GUY & JACQUI TIE THE KNOT



Brad Pitt, Becks, Rosie Huntington-Whiteley and Jason Statham were among the wedding guests

The happy couple seal the day with a kiss

Guy Ritchie has married Jacqui Ainsley in a festival-inspired ceremony in the grounds of their huge country estate in Wiltshire.

Jacqui, 33, looked beautiful in a flowing lace dress with flower crown, switching up her look for the vows with a sleek bun and long veil.

The model – who has three children with Guy, 46, posed happily with Guy's other two kids, Rocco, 14, and David, nine, from his earlier marriage to Madonna, 56.

David Beckham and Brad Pitt were reportedly the best men and guests included Rosie Huntington-Whiteley, Jason Statham and Jemima Khan.

On her Instagram page, Jacqui captioned a picture of her kissing her new husband, 'Happiest day of my life, #soulmates.'

Becks said, 'I want to wish my mate and his beautiful bride an amazing day where friends and family celebrate what they have.'

Emma Hunt, Kelly Jenkins, Lauren Hills, Katherine Parkes

Photos: Rex Features, Twitter, WENN

Rihanna is playing the 'treat 'em mean, keep 'em keen' trick

Lewis has already bought her an expensive necklace

Rihanna PLAYS HARD TO GET

A new romance is on the horizon but the pop superstar is playing it ice cool with Lewis Hamilton

Her single after splitting from Nicole Scherzinger and she's ready to mingle ever since her romance with Chris Brown ended, so it's no surprise that Rihanna has fallen for the charms of Lewis Hamilton.

Formula One champ Lewis, 30, is thought to be very keen on the Bajan pop star, but Rihanna, 27, is rumoured to be playing hard to get, as she doesn't want to be another notch on his bedpost.

The pair have been on several casual dates in recent weeks. They were spotted together at Da Silvano in NYC on 18 July before hitting 10AK nightclub.

Although their busy schedules keep them apart (Rihanna has been recording her new album, while Lewis is battling to retain the World Drivers' Championship) they are still making time for each other.

'Lewis has been bombarding Ri with texts and phone calls,' reveals an insider. 'He keeps sending her flowers and gifts, and even invited her to spend time with him in Hungary for the Grand Prix. He sent her a diamond necklace that must have set him back £50,000.'

'But Rihanna is trying to take things slowly. She loves to play games with guys and keep them guessing. When she was with Chris, he never knew if they were on or off. She loves to be in control.'

The pal says that Rihanna is looking to settle down. So if Lewis is looking for a fling, he's in for a disappointment.

'Rihanna did her crazy partying three or four years ago. Now she is looking for a meaningful relationship.'

'A lot of her friends have significant others and kids, and she is jealous. She has been broody for months. She wants to have a baby in a lasting, loving relationship. Not as a result of a wild one-night stand.'

'Besides, after what happened with Nicole Scherzinger [they split for the fourth time in seven years this spring], she is not sure that Lewis is Mr Right.'

To make matters worse, Rihanna is good pals with the former Pussycat Doll.

'Ri knows that Nic is still hurting a lot after breaking up with Lewis. She really thought they were going to get married, but he wouldn't commit.'

'It's not going to be the same with Rihanna. She has spoken to Nic, who is

trying to move on, so has given RiRi her blessing to date him,' says the source.

The *FourFiveSeconds* singer, who has only ever had two steady boyfriends, Chris Brown and baseball player Matt Kemp, is looking for a serious romance.

'She is very attracted to Lewis and loves his sense of humour,' says the source. 'He wants her to make music with him at the recording studio he had built in his house.'

'She is in no rush to spend time at his place. Right now she is sticking to neutral territory. And she's wary about being a rebound after he spent so long with Nic.'

'Ri really isn't sure that Lewis is looking to leap straight into another serious romance. That's why she's not about to take things to the next level with him. He is going to have to woo her the old-fashioned way... and be prepared to wait.'

Emma Hunt



Rihanna has finally split from Chris Brown



Lewis Hamilton and Nicole have broken up for good after seven years



Nicole is apparently fine with her ex and friend dating

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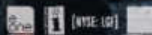
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THE UPCOMING



GRAZIA



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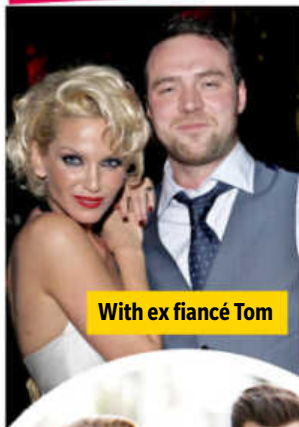
VIRGIN MOVIES



WE'RE DONE WITH

After ditching their troublesome exes for good, these ladies swear never to make the same mistake again...

SARAH DONE WITH 'PROBLEM' MEN



With ex fiancé Tom

After a troubled decade of booze-fuelled benders that led to her 2012 stint in rehab, Sarah Harding's life has taken one major U-turn.

Once the wild child of Girls Aloud, Sarah, 33, has ditched the glitzy London life for rural Kent, and these days is more likely to be found tending her vegetable patch than at the pub.

Despite splitting from her mystery man of six months, known only as 'Jason', last week, Sarah remains optimistic about the future.

Their sudden split is said to have been down to her busy schedule and the distance between them while she embarked on her new role on *Coronation Street* in Manchester.

But Sarah made it clear in a recent interview that Jason had been 'at the complete opposite end of the spectrum' compared to her normal 'bad boy' type.

'Some people say it's nice to be with someone who is involved in the industry because they understand your job and blah, blah, blah.

'But, the last few boyfriends I've had have been in the music business and they've not gone so spiffingly!' she said.

Sarah was left heartbroken after splitting from fiancé Tom Crane in 2011 (just six months before their wedding day) but she now admits it was the right decision.

'Bloody men! I probably could have picked a few better ones,' she said in an interview.

'I know what I want out of life now, and in the next few years I want kids. I want some little bubbas, some mini-mes!'



Sarah and her new mystery man have split after six months



MYLEENE WAITING ON HER PRINCE CHARMING

We told you last week how Mylene Klass, 37, had been embroiled in a bitter battle of words with ex-husband Graham Quinn after speaking out about their unhappy relationship.

And, after three years of silence, it seems that once the mum-of-two popped, she couldn't stop, as she continued her onslaught last week.

Despite harking back to her 'horrible' six-month marriage, which ended when celebrity bodyguard Graham walked out of the family home on her 34th birthday, Mylene – who has two daughters, Ava, seven, and four-year-old Hero, with Graham – says the heartbreak changed her for the better.

'I don't miss anything at all [about my marriage]. I was holding the baby, working, doing everything and I wasn't happy. It was horrible, but I've broken my pattern,' she says.

'My dad used to say I'd find a gold digger in any three-mile radius, and I wish I had listened. But now I don't feel like I have to save anybody.'

She added, 'Everybody could hear alarm bells except me. I should have just opened my eyes. I mean, I married a convicted drug dealer and didn't sign a pre-nup. What was I thinking?'

Her rants follow her recent split from the mystery Scandinavian hunk she'd been dating for a year,

and Mylene says he restored her faith in men.

The former Hear'Say singer now says that although she's not ready to settle down again just yet, she has a very specific checklist for her perfect man.

'Major family values and independence of their own is important. Someone will have to love me and my girls – they'll have to be amazing,' she said in a recent interview.

'So, when Ryan Gosling comes along ... I'll know I have a good thing when I see it!'



Mylene's mystery man helped her move on after her marriage to Graham (top) ended

OUR BAD BOYS



KOURTNEY

LEAVING SCOTT FOR GOOD

Three weeks after their split on 4 July, rumours of a reconciliation between Scott Disick and Kourtney Kardashian emerged.

The pair were spotted at a hotel in Beverly Hills last fortnight, and notorious party boy Scott, 32, took their two eldest children – Mason, five, and three-year-old Penelope (they also have a seven-month-old son, Reign) – for dinner.

But insiders insist the meeting was purely 'business', while they thrash out a custody agreement, and that Kourtney, 36, is adamant their five-year relationship is over for good.

And, while Scott's destructive behaviour has stepped up during recent weeks – he even joked he would 'kill himself' if he didn't get laid at a recent nightclub appearance – Kourtney has been hitting the gym hard with celeb trainer Don Brooks, showing off the results in a series of racy Instagram shots!

She's also been training with pregnant sister Kim, 34, and it's clear Kourtney is living by her younger sister's recipe for revenge. After splitting from Reggie Bush in 2010, Kim joked, 'It doesn't hurt if someone notices,' after her weight loss.

But thrice-married Kim isn't the only one hoping to overhaul Kourtney's jeans-and-T-shirt look – mum

Kris Jenner is reportedly concerned how Scott's departure will affect the

KUWTK viewing figures.

The 'momager', who famously volunteered Kourtney as a surrogate for Kim and Kanye, is said to have told Scott to clean up his act – not to save his marriage, but to create more headlines for the show.

But with hopes of a reunion seeming less likely by the day, Kris will no doubt be looking for a new man for Kourtney.

Lauren Hills



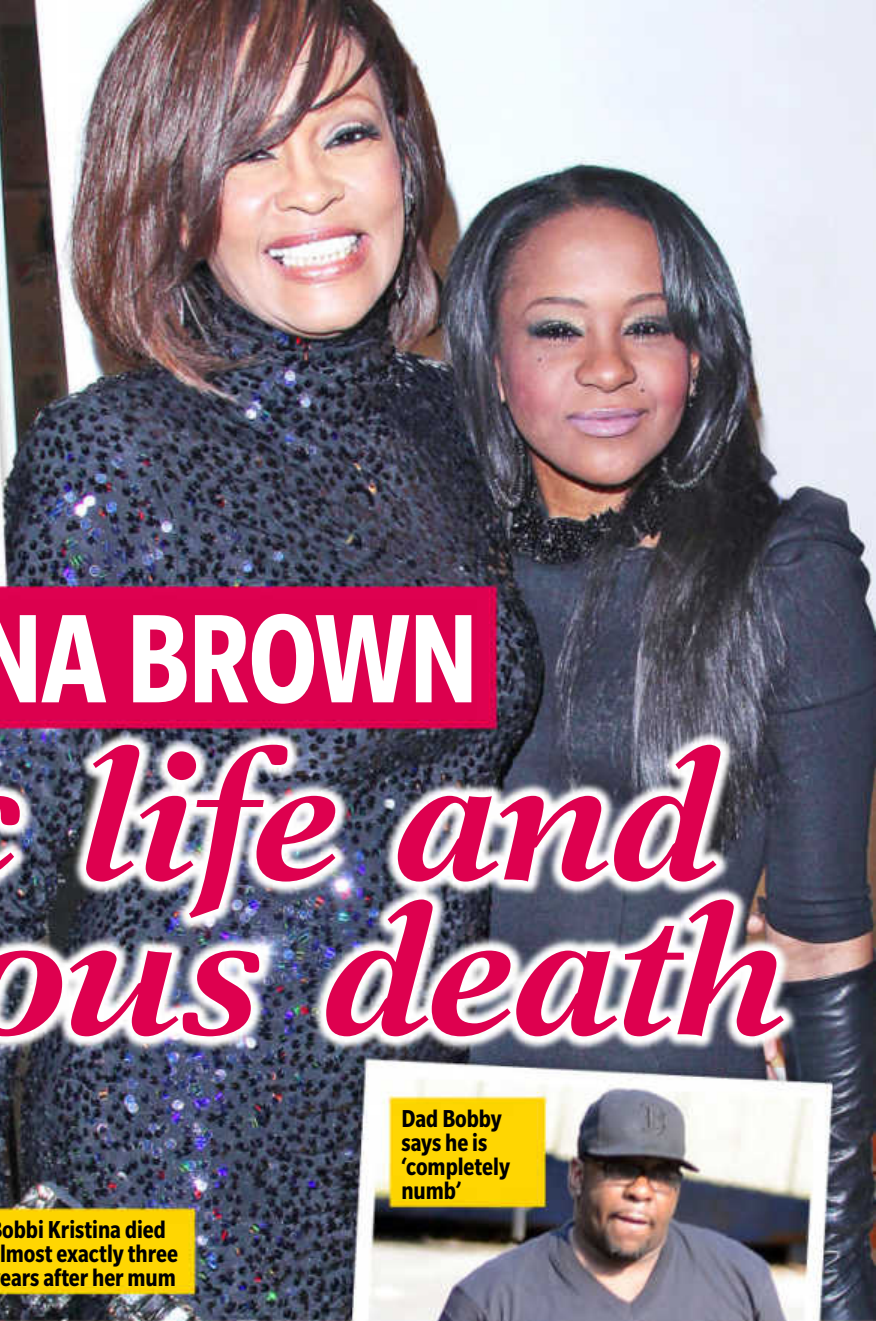
After meeting Kourt, Scott took Penelope (left) and Mason for dinner



Kourtney is doing well post break-up, thanks to some solid sisterly support



Nick Gordon is now a 'person of interest' to the police



BOBBI KRISTINA BROWN

A tragic life and mysterious death

The death of Whitney Houston's only daughter has devastated her family and left police asking if it really was a tragic accident

Bobbi Kristina died almost exactly three years after her mum

Dad Bobby says he is 'completely numb'



'She is finally at peace and in the arms of God,' said Bobbi Kristina Brown's family, in a statement after she died in a private hospice on July 26, aged just 22.

Her death comes six months after she was found unconscious in a bath and put on life support – almost three years to the day after her mother, Whitney Houston, died in eerily similar circumstances.

The only child of the superstar singer and her ex husband Bobby Brown, Bobbi Kristina's death has rocked her family – and left many questioning whether there was more to it than just a tragic accident.

At the centre of the mystery surrounding Bobbi's death – it still hasn't been established exactly how she died – is her 'husband' Nick Gordon, who was at home with her when she was found face down in the bathtub in January.

Nick, who has admitted to having a drug problem, was brought up as a son by Whitney and saw Bobbi Kristina as a sister while they were young. But the pair became romantically involved following Whitney's death in February 2012, and reportedly married the month before Bobbi Kristina was found unconscious.

Her family served him with a £6.4 million civil lawsuit on July 12, alleging he was violent towards Bobbi and inflicted 'bodily harm', including 'knocking out a front tooth' and dragging her 'by her hair', which his legal team have not commented on. But a source told *People* magazine, 'Nick says he didn't do anything to hurt her. He's innocent of any wrongdoing.'

Yet many US reports suggest Nick could be charged with murder following Bobbi Kristina's death. The 25-year-old has previously admitted the pair did drugs the morning she was found unconscious, and only him and friend Max Lomas were at the home on the day it happened.

On going to press, no charges had been filed, and Bobbi's autopsy had yet to be completed. Initial results found no signs of 'significant injury', according to the official medical examiner, but the full results will take weeks.

In the meantime, US sources say a murder investigation is under way and the prosecution is building a case against Nick, while he is building a defence. 'Nick is looking forward to telling his side,' a source told *US Weekly*.

So, Nick is facing both a criminal probe,

which is now a murder inquiry, and a civil case, which is now likely to become a wrongful death suit. He is officially a 'person of interest' to police.

On the day of his daughter's death, Bobby Brown said, 'Our loss is unimaginable. Krissy was, and is, an angel, I am completely numb at this time.'

Yet Bobbi Kristina had a troubled past. Early on she was exposed to the good and bad side of fame, including being featured on the 2005 Bravo reality series *Being Bobby Brown* when she was just 12. The show chronicled the turbulent life of her family and her parents' fiery relationship.

But it was following her mum's death that Bobbi Kristina spiralled into drug abuse – something both her parents struggled with. 'Perhaps being a part of her mother's legacy was so great a burden she wasn't equipped to carry it,' a close family member told *People* magazine.

Kelly Jenkins

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Godmother Taylor meets Jaime King's newborn son, Theo

Instagram/taylorswift

FAIRY GODMOTHER TAYLOR

We thought fairy godmothers in sparkly dresses were just for fairy tales – until Taylor Swift came along.

The pop singer's best pal, actress Jaime King, asked Taylor to be the godmother to her adorable son, Theo James Newman.

And when Taylor met her godson for the first time last week, she posted some sweet snaps online.

In the first photo captioned, 'Meeting my boy,' a doting Taylor holds Theo for the first time.

She then posted a picture of Theo's gorgeous little fingers wrapped around her own, complete with the lyrics, 'Your little hand's wrapped around my finger and it's so quiet in the world tonight,' from her single *Never Grow Up*.

Coolest. Godmother. Ever.

Theo holds famous godmum Taylor's finger

Instagram/taylorswift

ZAYN'S SOLO DEAL BACKLASH

Clearly thrilled to sign a solo deal with RCA Records, Zayn Malik promptly changed his Twitter profile picture to this snap of him signing that all-important contract.

The 22-year-old gushed, 'I guess I never explained why I left, it was for this moment to be given the opportunity to show you who i really am! #realmusic #RCA!! #REALME.'

But some fans got the huff, taking the hashtag 'real music' as a slur on former band One Direction's tunes and pointed out that 1D are the biggest band in the world. Yikes!

Simon Cowell, however, is pretty pleased with the move. RCA Records, home to the likes of Mark Ronson, A\$AP Rocky and Justin Timberlake, is under the Sony umbrella, as is Simon and 1D's record label, Syco.

'I believe they are the perfect label for Zayn Malik's solo career and I am sure whatever they release together will be special,' tweeted Simon.



Instagram/zaynmalik

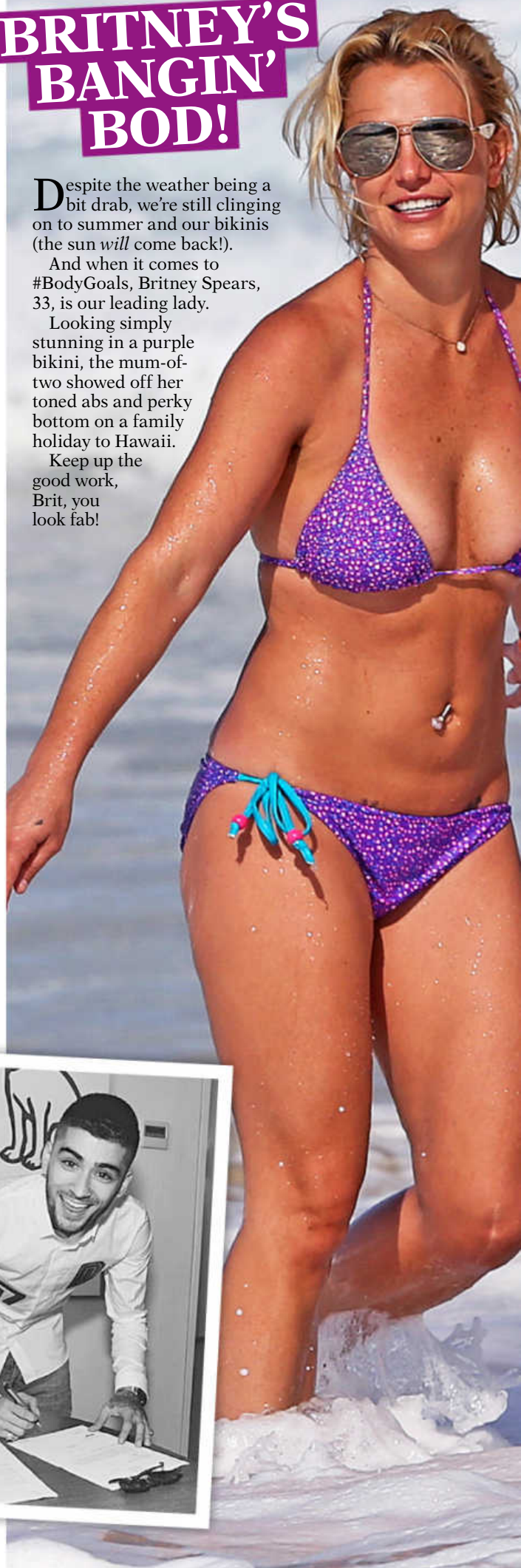
BRITNEY'S BANGIN' BOD!

Despite the weather being a bit drab, we're still clinging on to summer and our bikinis (the sun *will* come back!).

And when it comes to #BodyGoals, Britney Spears, 33, is our leading lady.

Looking simply stunning in a purple bikini, the mum-of-two showed off her toned abs and perky bottom on a family holiday to Hawaii.

Keep up the good work, Brit, you look fab!



RITA vs HOLLY

ROUND TWO!



Rita had Twitter beef with reality TV star Holly

Two years ago, Holly Hagan sparked an epic Twitter feud with Rita Ora, after seemingly accusing the then-breakthrough singer of sleeping with her mentor Jay-Z.

The *Geordie Shore* star tweeted, 'I've been told to say that Rita Ora has been ALLEGEDLY bukin Jay Z! I repeat ALLEGEDLY [sic].'

Rita, 24, lashed back, writing, 'Never ever will anyone, including a redhead, dumb, z-list attention-seeking whore, try to talk s**t about me and my family, Holly whatever the f*** your name is.'

When we caught up with Holly, 23, at the Ego Professional X Macmillan Cancer beauty bash in London, the reality TV star bravely had another pop at new *X Factor* judge Reets!

Referring to the picture of Rita and a group of friends pictured with what looked like a bag of marijuana last week, Holly told us, 'Why would you be so stupid as to be pictured with weed?'

'Simon [Cowell] won't be happy about that will he? Cheryl [Fernandez-Versini] would never get away with that!' Ding-ding!



Geordie Shore star Holly has another pop at Rita

JOEY & CHARLOTTE: STEAMY IN IBIZA

Joey Essex celebrated his 25th birthday in style, by whisking his new girlfriend off to Ibiza and packing on the PDAs!

Sipping cocktails and soaking up the sun at celeb favourite Ocean Beach Ibiza, with pals Diags and Fran Parman, Joey couldn't keep his mitts off gorgeous Charlotte Stuchfield.

Who can blame the reality TV star? We are loving the gorge bikini, Charlotte!

Meanwhile, following news that the former *TOWIE* star earns more than Prime Minister David Cameron and the Chancellor of the Exchequer combined, we weren't too surprised when Joey tweeted, 'Flew my hairdresser out to Ibiza. Big up @karlkarma... I'm waiting for you.'

Just let us know when you want to fly us out to 'Beefa as well, Joey!



TOWIE reunion: Fran Parman, Diags and Joey



Charlotte with birthday boy Joey at the Ocean Beach Ibiza



Lucky Joey gets his birthday kiss!

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CHERYL BECOMES A PRO-ANOREXIA *poster girl*

As fears heighten for Cheryl Fernandez-Versini's health, fans shockingly praise her skinny frame on pro-anorexic websites

With her gaunt face, Cheryl Fernandez-Versini appears a shell of her former self. After recently being labelled a 'bag of bones' by her fans, fears have heightened as she's stepped out in a series of slim-fitting outfits, accentuating her tiny frame.

Concerns for 32-year-old Cheryl began around her birthday in late June, when a photo she posted on social media showed her arms looking strikingly slender.

Then, when she arrived at the first round of *X Factor* auditions in Manchester in a crop top that exposed her protruding ribs, comments flooded in saying she looked 'unwell'.

Cheryl blamed her sudden weight loss on the stress of losing her father-in-law, writing on Instagram, 'You have no idea what I have been through. I'm so 'f' sick of people thinking it's ok to be mean or body shame anyone. Have some respect,' before later deleting the comment.

And, while fellow *X Factor* judge Simon Cowell insisted the Geordie-born singer 'eats like a horse', a friend of hers revealed she was trying to gain back the pounds she'd lost.

The insider said, 'She's been eating lots, and is mortified that people might think she's deliberately trying to look skinny. She's had a stressful time lately.'

But now Cheryl's

pictures have landed on dangerous pro-anorexic websites, on which she's been called a 'thinspiration'.

One user even wrote of the *Call My Name* singer, 'Always thought she was drop-dead gorgeous, but I'm obsessed recently, since she's lost more weight. Goals for sure.'

But, while some appear envious of her shock weight loss, it appears most fans are upset by her new look, as comments like 'you look like a skeleton' appeared on a recent image of her in a khaki outfit.

One concerned fan seemed especially keen to get through to Cheryl, writing, 'You're so beautiful but you're ruining your body. Please stop losing weight, the anorexic look is not attractive.'

Katherine Parkes

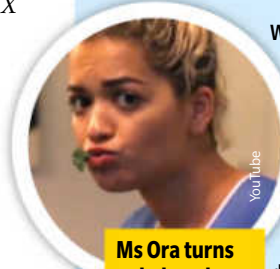


Strong make-up only emphasises her sunken cheeks



This bare-midriff outfit drew worried gasps from fans

And Rita's caught the slimming bug, too!



Ms Ora turns to kale to keep her in shape

While Cheryl apparently tries to gain weight amid fears over her slender frame, her co-judge Rita Ora seems to be taking drastic measures in order to shed the pounds.

In a YouTube video diary, Rita, 24, is seen scoffing raw kale as part of a new hardcore diet, as she explained, 'This is what I'm eating because I'm on a diet and I really can't cook.'

The singer then went on to talk about a fortnight-long juice detox she'd been on, which she called 'the worst thing in the world', and continued, 'I don't have any bread, sugar, or olive oil. I drink lots of water, I have fish and asparagus. No milk in my tea, no sugar, no honey. Just really basic and stripped back.'

The star looked painfully thin at The X Factor auditions in London last month



Lauren Goodger's boyfriend Jake McLean is planning to pop the question in style

LAUREN'S romantic proposal

They've been gushing about their future together for weeks and have already said they want to get married and have children. So, it's no surprise that Lauren Goodger's boyfriend, Jake McLean, is planning to propose.

The property developer has chosen a £10,000 ring for the big moment and has already let Lauren's friends and family in on his plans.

'Jake wants to blow Lauren away and give her a proposal she'll never forget,' says a close source. 'He's planning to do it at The Shard in London because it's where he took Lauren for their first proper night out together. She loves it up there, overlooking the London skyline, so he thinks it's perfect. He's going to have her friends and family there, too, as a surprise, after he's proposed privately under the stars.'

Lauren, 28, and Jake, 25, met three years ago, but split in 2013 after a series of rows. They reunited officially in June and have gushed about their future.

'This time around we know our relationship is forever, so we're both taking it much more seriously,' says Lauren. 'I'd love for us to get married one day but I think we'll have children first. I'd love our kids there on our wedding day.'

Yet friends say Jake is very traditional and wants to make things official before they try for a family.

'We speak about it a lot,' he says. 'For me, getting married and having kids is what life is all about. I can't

wait to start a family together.'

A friend said, 'Jake knows that Lauren is the one. He's a traditionalist and wants a ring on her finger before they try for a baby. The wedding may have to wait until after Lauren's had a baby, but he doesn't care – he just wants the world to know she's his.'

Jake has sourced a four-carat diamond ring from Essex jeweller Rankins for his romantic proposal.

'Lauren had a very clear picture of the kind of ring she wanted and has dropped lots of hints for Jake. She wanted it to be classy and classic, with a large centre diamond and smaller diamonds around the band,' says our insider. 'Jake has found the perfect ring and is planning to whip it out under the stars looking at the London skyline.'

Lauren has had a rocky road to love. The former *TOWIE* star got engaged to co-star and childhood sweetheart Mark Wright – who she dated for a decade – in 2011, but they split shortly after. He went on to marry actress Michelle Keegan and Lauren met Jake. She cooed about her man at the time, saying he had intelligence as well as looks, adding, 'He knows a lot about things, even the Government.'

But, shortly after they got together, it was revealed that Jake had been in prison for an armed raid on a family home. Friends say he's turned his life around and Lauren is convinced he's 'The One'.

'Lauren fell hard with Jake, she couldn't walk away from him,' says the source. 'He's a new man now. She says he's showed her what true love is and that he'll still love her when she's old and wrinkly and won't ditch her for someone prettier or more famous. She's told everyone their romance reminds her of the film *The Bodyguard*. He makes her feel safe.'

Kelly Jenkins





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Jennifer proved that age is just a number in this bodycon dress

J.LO FABULOUS *at 46*

Jennifer Lopez shows off her famous curves while celebrating her birthday, and Kim Kardashian West gushes over her 'idol'

Amazing body? Check. Hot young toyboy? Check. Jaw-dropping outfit? Check...

Jennifer Lopez certainly knows how to celebrate a birthday. She may have turned 46 last week, but J.Lo looked 20 years younger as she partied in New York with lover Casper Smart who, at 28, is 18 years her junior.

The singer showed off her famous curves in a sheer black Bao Tranchi bodycon dress with cut-out panels.

Throwing her arms around Casper, the mum-of-two partied into the night, dancing at club 10AK.

A source from the birthday bash said, 'She was dancing all night and looked amazing. Casper had his arm around her and they were tight all night.'

And it's not just her



A sweet treat for the mum-of-two

choreographer toyboy who's a fan of J.Lo's killer curves – Kim Kardashian West loves them, too! The pregnant star posted pictures of Jennifer from her birthday night on Twitter and wrote, 'Damn!!!! How hot does @jlo look!!!! She will forever be my idol!!!! #BodyGoals.'

It's not the first time Kim, 34, has gushed about how she looks up to Jennifer. The pair hung out at the Met Gala earlier this year and Kim posted a picture on Instagram of her and the *Booty* singer in their backless, sheer gowns. She captioned it, 'with my idol @jlo.'

But J.Lo simply sees Kim as another fan, saying, 'I've met Kim many times. She tells me all the time that I'm her idol. It's really sweet. She's a sweet girl, and it's very flattering to meet any of your fans.'

Jennifer, who is mum to seven-year-old twins Max and Emme, knows she looks great for her age, and isn't afraid to shout about it. 'There's no way in the world that just because women turn the number 40, they're anything less than amazing. That's crazy. If anything, you're even more amazing!' she says.

'I've never looked at my body in a negative way. I was always very comfortable with who I was. Confident.'

Kelly Jenkins

Casper and J.Lo were 'tight all night' at the 10AK club in New York





Instagram / @wrighty

The couple threw a 'Wright' tropical party in exotic Essex!

MARK AND MICHELLE'S HAWAIIAN HOMECOMING

Just a few weeks after returning from their sun-drenched honeymoon in Dubai, Mark Wright and Michelle Keegan kicked off their life back in Essex with a Hawaiian-themed bash.

Joined by family and friends, the newlyweds were kitted out in Hawaiian floral shirts, hula necklaces and grass skirts.

Guests were treated to a selection of delicious cocktails with the help of London nightclub Mahiki.

And whether they were still stuck in the 'honeymoon phase' or had a little helping hand from the piña colodas – Mark and Michelle couldn't keep their hands off each other. Aloha!

Mark's sister Jess later tweeted a pic of the two sharing a steamy snog, captioned, 'At their Hawaii BBQ and caught them like this!! Genuinely never knew I was taking this pic!! #neverknewlovelikethis.'

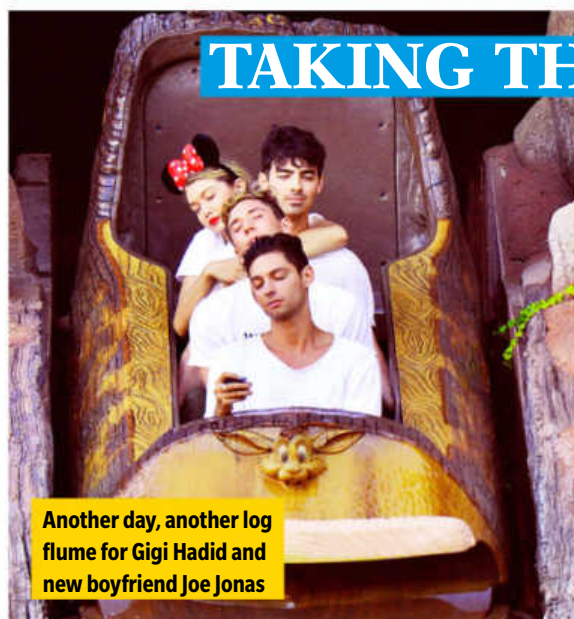


Mark and Michelle still have a post-wedding glow

Twitter / @missjesswright



Big sis Jess caught the pair mid-kiss



TAKING THE MICKEY!

Another day, another log flume for Gigi Hadid and new boyfriend Joe Jonas

While managing to make inflatable Minnie Mouse ears look cool, model-du-jour Gigi Hadid, 20, enjoyed a date at Disneyland in California with new boyfriend Joe Jonas, 25, last week.

Showing us exactly how to pose for a log flume snap (no crying, double chins or tonsils in sight FYI), you could almost forget that Gigi and Joe, who've dubbed themselves G.I. Joe, were plummeting over 50ft on popular ride, Splash Mountain.

And, clearly petrified, their pal who's stolen the front row seat, was either texting or taking a nap. Thrilling times...



Instagram / higlianagan

Helen and Scott celebrate tiny Matilda turning four weeks old

CALVIN'S CREDENTIALS

Excuse us while we Escoop our jaws from the floor. Well, hello, Mr Harris!

Forget how many boxes girlfriend Taylor Swift, 25, ticks for him, she's one lucky lady as Calvin looks like he has quite an impressive package of his own.

Modelling for Emporio Armani's Fall/Winter campaign, DJ Calvin, 31, showed off his impressive bod and rather large bulge.

Major phwoaarrr!

Which got the *Reveal* office thinking – if we sneak these into our blokes' Christmas stockings this year, will they transform their beer bellies into rippling six-packs?

It's no wonder Taylor swiftly took Calvin off the market!

SAY AWWWWWWW...

We've been poring over Twitter pics of new mum Helen Flanagan and her adorable daughter, Matilda Jessica, since her birth a month ago.

And Helen, 24, and footballer boyfriend Scott Sinclair, 26, posted a gorgeous photograph of their little family last week to celebrate Matilda's first four weeks in the world.

Helen captioned the sweet snap, in which she's cradling Matilda and kissing her head, 'One month today.'

WHEELY COOL

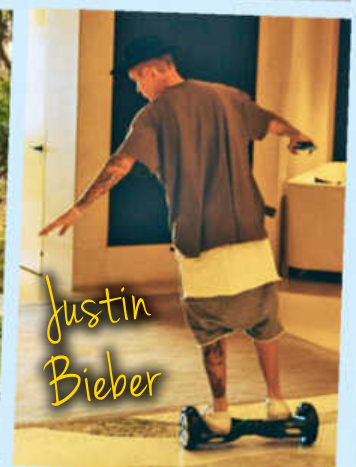
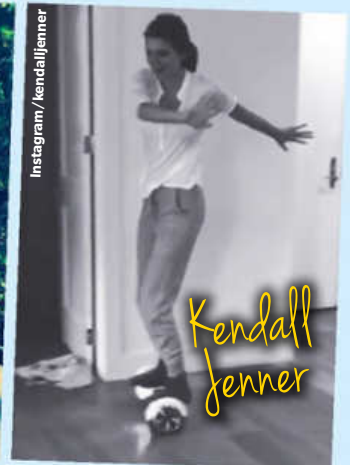
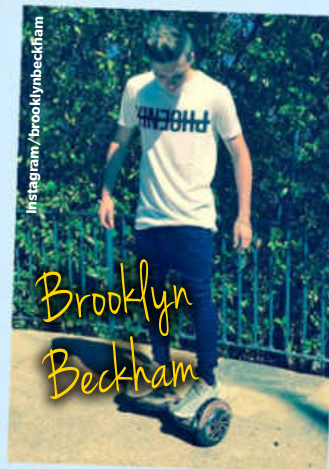
If you think grown men who ride skateboards and scooters should hop off and grab a bus like the rest of us, you may want to brace yourself for the newest celeb trend – Megaboards.

Everyone from Brooklyn Beckham and Kendall Jenner to Mark Wright

and Lily Allen (who opted for a cheeky ciggie while boarding) are hopping aboard the skateboard meets flyboard gadget.

Justin Bieber kicked off the trend when he shared a two-wheeled date with ex-girlfriend Selena Gomez back in January last year.

Drivers beware!



KYLIE TURNS 18!

We take a look at the fast, fabulous and sometimes fraught lifestyle of the world's most glamorous teen, as Kylie Jenner approaches a landmark birthday

Kylie Jenner isn't exactly your average teen, living life well and truly in the fast lane.

And, there's no doubt that when she turns 18 on 10 August, the milestone moment will be celebrated in true Kardashian style. Ever since Kylie stepped out of older sister Kendall's shadow, she's bagged over 30 million Instagram followers and is killing it right now. So, let's take a look at the youngest of the family's life, so far.

CHANGING LOOK

Kylie loves to experiment with her appearance and she is a real beauty chameleon.

She repeatedly ignored rumours that her full lips were fake and insisted that they were down to some crafty lip pencil. But, in May, she confessed to having temporary lip fillers on an episode of *Keeping Up With The Kardashians*.

Kylie also spoke of gaining over a stone at the start of this year. She was diagnosed as lactose intolerant and said in July, 'I'm working out and I'm eating a lot better. It was my year to eat bad. I was like, while I'm young, I might as well. I didn't care about a diet or anything. But this last month, I've been working on it just for health reasons only.' It's also rumoured she's had a boob job after showing off what seems to be an enlarged chest recently.

GROWING UP TOO FAST

There's no doubt that Kylie, who has been on TV since age nine and 'doesn't remember' life before fame, is old beyond her years. In 2013 she vowed, 'I don't have the cameras following me when I'm with my friends so I feel like I want to keep that part of my life more private up until I'm at least 18.' We're not sure that still stands...

The internet exploded in shock when Kylie wore an explicit top reading 'eat me out' on Snapchat recently, and even she's aware that she's matured quickly.

Screen-grabbing an old episode of *KUWTK*, Kylie showed her younger self

promising, 'I won't grow up too fast.' The star captioned the shot, 'Dammit, Kylie!'

When she graduated this summer, momager Kris threw a party to celebrate.

Kylie was gifted a £20k diamond-encrusted Rolex and £4k Cartier bracelet. Normal!

The family denied that cocaine had been present after Kylie shared a Snapchat where a guest was seemingly taking the drug in the background. Big sister Khloé, 31, retorted, 'You guys will make up anything. No! No one was doing coke at a graduation party in broad daylight with teenagers and 15 production cameras!'

SISTER ISSUES

When your older sister's becoming a supermodel and walking for the biggest names in fashion, there are bound to be rumours of rivalry.

But while Kylie is happy to tease Kendall online, recently donning the Agent Provocateur swimming costume she had worn for a magazine shoot, it's clear they have nothing but love for each other.

Besides, Kylie is coming into her own now. She has modelled alongside Kendall, 19, in a new Balmain campaign and has hinted at a career in acting. 'I love designing and I want to pursue that career once I turn 18, but acting is something I would regret not giving a chance when I'm older,' she said.

FAMILY DRAMAS

Kylie's father, formerly known as Bruce Jenner, recently transitioned to a woman, Caitlyn, and Kylie admitted that she was nervous about meeting her. 'It will be a little uncomfortable in the beginning, but I think we are both ready,' she added.

On *I Am Cait*, Kylie says 'you look pretty' and the pair share a tender hug before she fits the 65-year-old with some green hair extensions.

Kylie has also spoken about her mum, Kris, 59, once saying, 'Khloé is more of a mum to me than my mum is sometimes. My mum is all about being friends.'

And Kylie hasn't held back about half-sibling Kim Kardashian West, 34, either.

'She wants to do everything that I'm doing. I feel that Kim is cramping my style,' she said earlier this year.

HOOK UPS

Kylie is dating rapper Tyga, 25, and things are clearly going well for the duo as Kylie, who sometimes wears a diamond ring on her engagement finger and told Caitlyn that she feels 'kind of like' married.

The romance hasn't been met with approval, as Tyga is seven years older and has a two-year-old son, King Cairo, with his ex-fiancée, model Blac Chyna.

Prior to Tyga, Kylie was linked to Jaden Smith and singer Cody Simpson.

MANSION AND MEGACARS

Kylie bought herself a £1.7 million mansion in February complete with five bedrooms, spa area, pool and cinema.

Khloé and Kim gave Kylie a list of things to do for the house, and she employed an interior designer to 'bring her visions to life'.

Kylie's also a fan of lavish cars. At 16 she drove an £80,000 Mercedes SUV – which she crashed 18 days after getting her licence – and bought a pimped-up Range Rover less than a year later. Kylie also owns a convertible Bentley, worth £160,000.

Hannah Doyle

Kendall and Kylie have always been in the spotlight





THE WORLD'S MOST GLAM TEENAGER

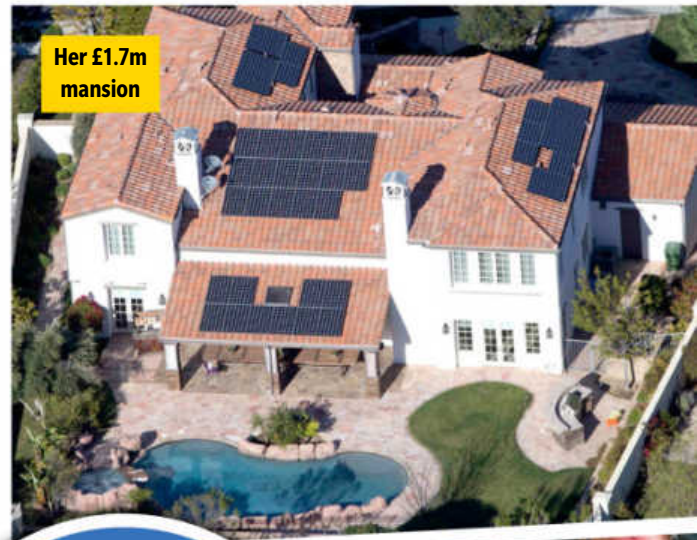
Instagram / kyliejenner



Her car, a
£160,000
Bentley



Her £1.7m
mansion



Instagram / kyliejenner



Kylie and
lover Tyga

One of the
notorious selfies





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fashionista

She's bitching her way round town bringing you what's hot, and what's really NOT. Remember, you read it here first

BOUTIQUE CHIC

After months of casual canvas totes and straw baskets, it's time to arm yourself with something a little sharper for the new season. Top of my go-to list is Paul's Boutique, for wall-to-wall designer good looks at high-street prices. Whether it's a slick new tablet holder or a tardis-like everyday tote, you'll be spoilt for choice. Cobalt blue or dalmatian print? Decisions, decisions...



DON'T BE A DUMMY!

A SHOPPER WHO POSTED A COMPLAINT ABOUT THE UNREALISTIC SHAPE OF TOPSHOP'S 6FT 11IN, SIZE 10 MANNEQUINS HAS WON HER BATTLE - TOPSHOP APOLOGISED AND SAID IT WON'T BE ORDERING THEM AGAIN. RESULT!

CUFF LOVE

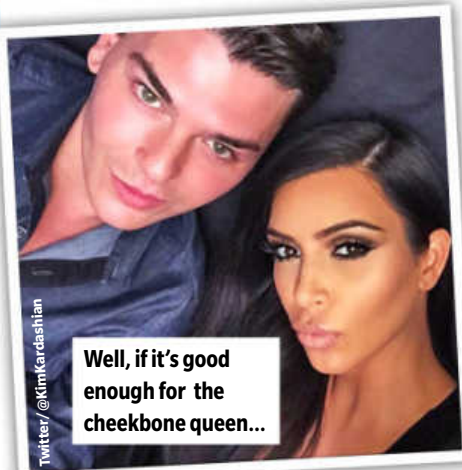
Accessories drawer need a pep-up? Bargains don't come much better than this statement cuff from Adorning Ava, which costs just one of your English pounds. An instant outfit update for the price of a bag of Haribo - and guaranteed to last a fair bit longer. What's not to love? See adorningava.com.



Freebie alert!



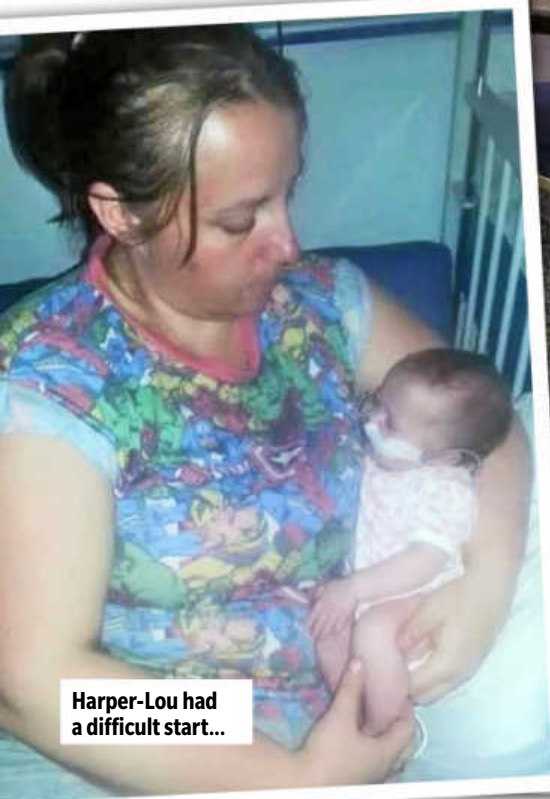
Someone sound the 'banging beauty deal' klaxon - swish haircare brand TIGI is offering a complimentary wash bag when you buy any two CATWALK by TIGI products (while stocks last). And it's not just any old wash bag - this one's created by fashion designer Henry Holland (loved by Alexa Chung, no less) and features the same houndstooth print he's used in the latest House of Holland runway collection. Oo-er.



Well, if it's good enough for the cheekbone queen...

KONTOUR LIKE KIM

I'm always jealous of those American beauty babes and all their fancy-schmancy US-only products. But - praise the make-up gods - Kim Kardashian West's new contouring crush is only available here in Blighty! Her make-up artist Mario Dedivanovic shared his love for Rodial Sculpting Make-up Range, from £24, last week, tweeting, 'It's amazing... who's bringing it to the USA? We need this!'



Harper-Lou had a difficult start...

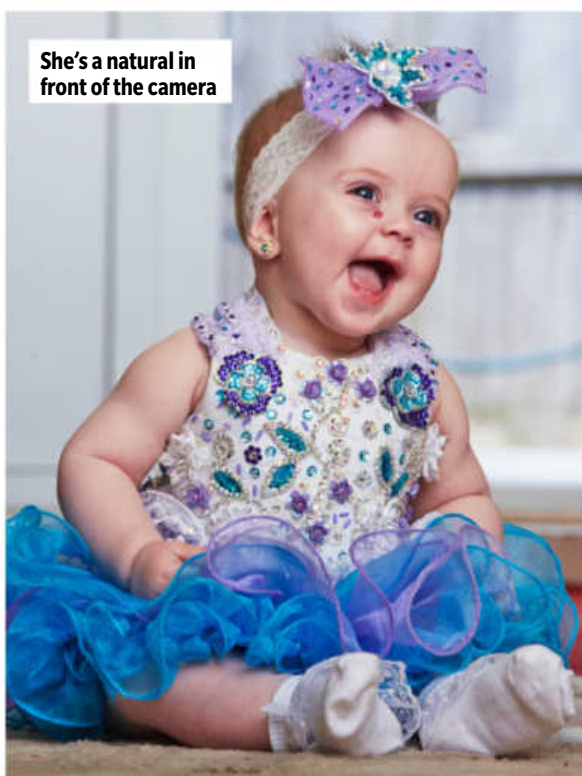


...yet she dazzled the audience at one of her first pageants



Pretty in pink – she looked adorable in her onesie

THE PINT-SIZED *pageant pri*



She's a natural in front of the camera

Meet the eight-month-old baby girl who's worn more crowns than the average Miss World...

Hunched over a pile of frilly fabric by lamplight, sewing tiny sequin after tiny sequin onto miniature frocks, Michelle Wilson knows her painstaking work will be worth it.

Her eight-month-old baby, Harper-Lou, is the youngest UK pageant princess, and Michelle is determined to make sure she sparkles in front of the judges.

Michelle, 32, is no ordinary pageant mum. Her dedication to the world of sashes, tiaras and tantrums began before her baby was even born, when she paid £35 to enter Harper-Lou into her first contest when she was 35 weeks pregnant.

Harper-Lou now outstrips most pop stars in the glam stakes, as she has her own line-

up of sponsors and is never seen in the same outfit more than a few times.

'I love putting her in ruffle dresses with fishing wire in the hem to give it extra bounce, frilly white socks and adorable little shoes,' says Michelle.

'But it's a full-time job creating all her different outfits. Even though I make a lot of them myself, the cost of baby beauty pageants quickly adds up – hotel, travel and entry fees are around £250 a pop.'

'Thanks to Harper-Lou's success, she's got a sponsor for pretty much everything, including hair accessories, jewellery, Spanish designer wear, tutus and dresses. Teenie Miss & Mr Pageants and Off The Stand Couture Clothing are our main sponsors – we save thousands that way.'

The pint-sized princess won her first pageant title of Miss Winter Sparkle Second Princess at just 22 days old, leaving Michelle bursting with pride. 'Harper-Lou may have been a newborn baby, but she dazzled! She was a natural – she didn't cry,



She's even dressed up as Dorothy from *The Wizard Of Oz*!



My little girl looks just like a princess!

ncess

she just looked happy and smiley. On stage, she giggled and cooed and had the judges falling over themselves.'

The social care worker from Kent had an entire wardrobe ready for her three-week-old girl at the Winter Sparkle event in Dover last November. For the 'casual' round, Harper-Lou wore jeans, a fur gilet, white fluffy Ugg boots and a white headband. For 'Beauty', she wore an ivory dress with a shrug and matching shoes. And for 'Winter Sparkle', a dark blue dress covered in gems.

And it paid off when the bonny baby came second in her age category and was awarded her first of many crowns and sashes.

Harper-Lou was destined for life as a pageant queen. Michelle explains, 'By nature, I'm a tomboy. I'll happily leave the house without make-up or brushing my hair. But when I was pregnant with Harper-Lou, I started wondering what hobby my baby girl and I could bond over. She was too young for dance or ballet.

'Then, scrolling through Facebook, I saw an advert for a pageant, and I knew it was the perfect answer.'

Michelle's partner Michael Thacker, 24, insisted on vetting all the outfits for his baby daughter. When Michelle and Harper-Lou are off at pageants, he spends father-son time with their son Roman Georgie.

As far as Michelle is concerned, baby pageants are just another hobby. 'People have the wrong idea about pageants.

'Everybody thinks pageant kids wear revealing clothes and too much make-up. Harper-Lou's way too young for make-up, but I see the older kids at competitions and they love their outfits.

'Baby pageants are just another hobby'

'It's no different to, say, motocross sport. You don't wear your leathers to the supermarket – and these kids don't wear skimpy dresses and make-up to school. It's a safe, fun community.'

Michelle's determination to fill life with glamour was born out of an uncertain time for her young family.

'I think I spoil Harper-Lou so much because I was scared I'd lose her,' she explains. 'Things were pretty scary just

after her birth. She stopped breathing. I had to do CPR on her myself and she was in hospital on life support for eight days. It made me want to cherish every second.'

And now, aged just eight months, Harper-Lou is a regular on the pageant circuit. Various 'looks' have included Annabell the doll – she wore the actual doll's clothes – a Bollywood dancer and Dorothy from *The Wizard Of Oz*.

To date, she's won seven division supremes and scooped the highest possible accolade of Baby Supreme at her fifth

contest. And there are six more competitions lined up before the end of the year.

'She's already got so much swagger. She knows who to smile at, how to pull the cutest faces and capture the audience's heart,' explains Michelle.

'If you'd told me a year ago that I'd be doing this, I'd have laughed along with you. But I've made some great friends on the circuit and I've bonded with Harper-Lou,' she says.

'People might not agree with a baby pageant star, but we love it. It celebrates everything that makes my baby sparkle.'

Kim Willis and Helen Nianias



Jennifer and Ben have split after 10 years of marriage

It's one month on from the announcement that their 10-year marriage is over, and fresh revelations are still coming out about Ben Affleck and Jennifer Garner.

Or, more specifically, Ben's rumoured relationship with the couple's former nanny, Christine Ouzounian.

US reports suggest that Ben is already in a relationship with Christine, 28. And when the honey-haired beauty was spotted last week, she certainly had a smile on her face as she walked through LA with her designer bag and Chanel pumps.

WHAT'S REALLY GOING ON?

California-native Christine was hired to babysit Jen and Ben's three children earlier this year, and it's now believed that Jen and Ben were in the middle of a trial separation at the time.

A pal of Christine's said of the rumoured romance, 'They would hang out without the kids. And they were very flirty. She says Ben really, really likes her. She's saying this is true love.'

However, Ben's people promptly shot down the reports and told *Us Weekly*, 'All allegations of a romantic relationship are baseless and untrue.'

What is for certain is that two-time Oscar winner Ben and his actress wife Jennifer are no longer an item. They announced their split in June and went on holiday to the Bahamas so that their kids could escape the media attention the news would inevitably throw up.

Christine travelled with them there

Ben Affleck has been linked to his children's nanny just weeks after his split from wife Jennifer Garner went public

Ben with Christine



Ben denies hooking up with the help



She was hired to babysit earlier this year

to take charge of children Violet, nine, six-year-old Seraphina and Samuel, three.

According to Stateside reports, it was on that holiday that Jennifer noticed something untoward between her estranged hubby and the nanny, and promptly sent them both packing.

Meanwhile, it's been suggested that Christine was unable to keep a lid on her new love interest and gabbed about

it to friends over food in Santa Monica. One diner, who claims to have overheard the conversation, revealed, 'She was like a giddy high school girl who's sleeping with the quarterback.'

IT'S DEFINITELY OVER

Marking the end of their marriage, a joint statement released on 30 June, the day after Ben and Jennifer's 10th wedding anniversary, read, 'After much thought and careful consideration, we have made the difficult decision to divorce. We go forward with love and friendship for one another and a commitment to co-parenting our children whose privacy we ask to be respected during this difficult time.'

Together worth a reported £96 million, it's now thought that the couple will start dividing their assets, including four homes, as swiftly and simply as possible.

As for the latest rumours about her ex husband and the nanny, Jen is said to be less than pleased. But one insider adds, 'She's just glad she's moving on from the marriage and Ben's antics.'

Hannah Doyle

STARS WHO FELL FOR THE NANNY



Jude Law He cheated on Sienna Miller with Daisy Wright, the nanny to his children from his marriage to Sadie Frost, in 2005.



Ethan Hawke After divorcing Uma Thurman in 2005, he got close to the nanny, Ryan Shawhughes, in 2008. They have two kids.



Robin Williams He dedicated his Oscar to his kids' nanny Marsha Garcés, who became his wife. They divorced after having two kids in 2010.



Arnold Schwarzenegger He had a love child with his children's nanny, Mildred Patty Baena, days after his wife, Maria Shriver, gave birth in 1997.

PROUDLOCK'S *Ibiza* diary

The Made In Chelsea star hits the White Isle in style and shares his holiday diary with us...



Oliver Proudlock enjoys a cocktail in the sun

It's 5am and I'm hanging out in the airport lounge at Gatwick's North terminal.

I've got my hoodie up and my banana porridge in hand, I'm ready to fly to Ibiza – except, I've lost my passport! Luckily, my girlfriend Emma is here to mind me (and supply healthy in-flight snacks in the form of freshly chopped watermelon in Tupperware), and she's also on hand to retrieve said passport which was accidentally left on the train en route to the airport. Oops.

We're snuggled up on board our flight with our matching neck pillows and some Haribo Starmix. Soon, we're ready for take-off (after taking a few selfies, of course).

It's touch-down on Spanish soil and check-in time at Thomson Scene's plush Ushuaia Ibiza Beach Hotel on the Playa d'en Bossa. Getting the full VIP treatment, I'm holed up in a swanky suite complete with hot tub and a not-so mini bar. Let the partying commence!

Following a Japanese feast in the hotel's Minami restaurant, it's off to enjoy DJ Armin Van Buuren's headline set at the poolside stage.

Fresh (cough) from a night of partying,

Instagram/thomsonscene



Overlooking Cala d'en Ferrer in north Ibiza

Instagram/proudlock



Proudlock and Emma were treated like VIPs

we hit the road in an open-top Jeep for our island safari adventure. We stop off at beautiful vistas and idyllic beaches for a dip and some Insta-worthy pics, and pay a visit to the island's oldest tree, where we have a group hug after our guide tells us it's good luck. Peace, dude!

Then, we head back to the Ushuaia Tower to get glammed up for the night.

It's on to the Hard Rock Hotel for Tinie Tempah's residency, but first, a Heston Blumenthal-style feast at Estado Puro.

Not before long, Emma's teaching our group some drinking games and it's tequila shots for anyone who

can't handle the rules.

I might be at home in Ibiza, but I will be returning to *MIC*. I still love the show. But there will be a point where I move on – after all, I've been doing it for four years.

Our final day sees us take a boat trip to the island of Formentera, where we take in the sights of the postcard-perfect town, which is a favourite with the A-listers.

It wouldn't be a trip to Ibiza without a pilgrimage to the island's coolest dining and drinking scene: The Blue Marlin.

And with that, we dance the night away under the stars before our flight back to Blighty...

Emma Hunt

Thomson Scene offers seven night breaks to Ibiza staying at the Ushuaia Ibiza Beach Hotel on a b&b basis from £974 pp. Visit thomson.co.uk

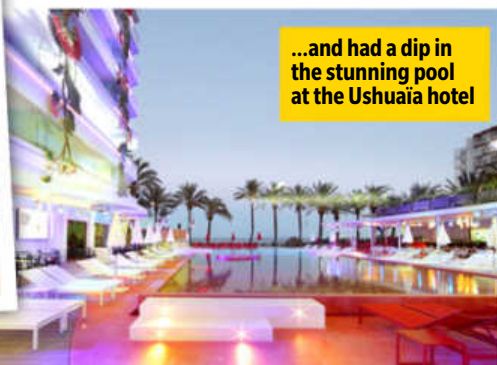
Photos Instagram

He chilled on gorgeous Playa d'en Bossa



Instagram/proudlock

...and had a dip in the stunning pool at the Ushuaia hotel



I WANT *what she's got!*

We show you where the celebs have been shopping this week



Words Harriet Davey Photos GC Images, Rex Features

SUKI WATERHOUSE

Model Suki shows that the LBD still reigns supreme in the style stakes with this strapless number. A pair of shiny statement heels is all she needs to complete the look. We love.



LITTLE MISTRESS

£45



boohoo.com

£18

VANESSA WHITE

Saturdays singer Vanessa is the lady in red in this little lace-up, 70s-style dress. We love those bell sleeves and the tassel accessories to add to that retro vibe. We would strike a pose, too, in this fierce outfit, Miss White.



Instagram/vanessawhiteofficial



Instagram/rosiefortescue

ROSIE FORTESCUE

Get the St Tropez look just like fashion gal Rosie with these embroidered, tassel-style pieces from pampelone.com. The gorgeous styles are perfect for summer and they're ethical, too. A guilt-free purchase, if you ask us!



PAMPELONE CLOTHING

£90



coast
£29

LUCY MECKLENBURGH

For evening-wear inspiration our eyes are on the lovely Lucy, and who can blame us when she looks this pretty in pink? Teaming her minimal frock with a glam graphic box clutch and simple strappy heels gets a fashion thumbs up from us.



ZARA
£22⁹⁹

ZARA
£25⁹⁹



ROCHELLE HUMES

A co-ord is the ultimate fail-safe chic outfit, and Rochelle is totally working this ditsy floral print set from Zara. Minimal accessories needed for this one, apart from that fabulous glossy hair, of course.

ELLIE'S CHOICE *drink or* *Dougie?*

With her party lifestyle and a teetotal boyfriend, Ellie Goulding is wary of leading Dougie Poynter astray

Ellie Goulding loves her McBusted beau Dougie Poynter, but knows that attending boozy showbiz bashes could jeopardise their relationship as her boyfriend of 18 months is a recovering alcoholic.

Sober since 2011, Dougie, 27, is supportive of 28-year-old Ellie's music career and insists he's fine with her partying, but she's thought to be worried that the differences in their lifestyles could drive a wedge between them in the long run.

'Ellie is so in love with Dougie and still wakes up some mornings not being able to believe her luck that she's found The One and that things are so wonderful between them,' says our source.

'They're perfect together and Ellie can definitely see them settling down, getting married and having children.'

'But she's aware that when they aren't with each other they lead very different lives – not only is she in America and other countries a lot of the time, but she attends a lot of boozy work dos. Ellie does feel that she bears a certain responsibility not to get drunk or do anything that

could potentially steer Dougie off the rails when he's been doing so well for so long.'

Ellie lashed out at an Instagram user who called her 'inconsiderate' last week after Dougie posted a photo of her lying down with her hands over her face, accompanied by beer and wine emojis.

She wrote, 'Every couple is different and just because Dougie doesn't drink, he would hate for me to walk on eggshells and never drink around him.'

'I wholeheartedly support him in his sobriety every day. So please think before saying things like that.'

Dougie, who admitted in McFly's autobiography *Unsaid Things... Our Story* to attempting suicide after a battle with drink and drugs, previously revealed how his McFly bandmates gave up drink in a show of solidarity.

'I had to give up because I always took it too far. Now I'm clear-headed, I like being hangover-free – I get a lot more achieved,' he wrote. 'Once you get through that barrier at events and nights out, you realise you aren't getting drunk and it's fine.'

But Ellie has sought out relationship advice from TV presenter pal Emma Willis, 39, who is married to Dougie's bandmate and recovering



Ellie supports sober Dougie 'wholeheartedly'



Dougie's pic of Ellie on the floor

alcoholic Matt Willis, 32.

'Ellie feels as though she's continually juggling plates as while she's at all these industry events, Dougie stays away as just one drink could send him off the rails,' says the insider.

'Emma's watched poor Matt hit rock bottom thanks to booze and he's had to fight it with everything he's got, so she understands that Dougie has a serious problem.'

'She's told Ellie to draw a line between work and pleasure and never to go home half cut or wasted and expect Dougie to understand as it's just not fair.'

Our source also says Emma told Ellie to be careful.

'She warned that it is tough understanding how a recovering alcoholic's mind works but Dougie will face temptation every single day of his life and one drink could potentially kill him.'

Jenny Paul

Offering advice: Emma with Matt



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emma willis

Emma Willis, TV Presenter



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£129, out now



£159, out now



£120, out in October

Gorgeous faux fur detailing from the new Twiggy collection

Coat, £299
Dress, £49.50, out now

Pastels aren't just for the warmer months they're a chic outerwear choice



£159, out in November



£69, out now

Hot trend

£79, out in October

Book your coat

Here's a sneak peek at the best winter coats at Marks & Spencer – get ready to pick yours

We're getting ahead and thinking of that 'It' coat that's going to take us through autumn/winter in style.

Marks & Spencer's pastel pink number was on everyone's wish lists last year, but this time any statement hue goes.

The bold leopard print Per Una Speziale coat is set to be a winner with its sharp cut double breasted style, and the fierce orange update

ticking all the right boxes.

Another key style that never fails is the faux fur, and M&S have nailed the look with this patchwork shearling style from the Indigo Collection.

There's a statement look to suit all, and they're dropping in stores from this month, so make sure they're on your fashion radar and in your wardrobes, pronto.

Harriet Davey

The suede skirt was key for spring/ summer but it's all about the real suede coat for next season



SOPHIE & GRAEME MARRIED!

Hollyoaks actress Sophie Austin has married her long-term love Graeme Rooney. The pretty brunette – who plays Lindsey Roscoe in the Channel 4 soap – wed actor and comedian Graeme in her hometown of Takeley, Essex.

Sophie, 30, looked stunning in a strapless white gown and long veil, while her bridesmaids were pretty in pink.

Following their big day, the bride took to Twitter, writing, 'The most amazing day of my life. I married my love and my best friend.' While the groom wrote, 'Unbelievable weekend. Saturday was just amazing. I'm just one very lucky chap!'

Twitter/@mathewdwalker

COUPLES CONFIDENTIAL

Your weekly temperature check on celeb romances

BRANDON & LEAH BABY JOY!



Brandon Jenner and his wife, Leah, welcomed their first child last fortnight – a healthy baby girl.

Brandon, 34, the son of Caitlyn Jenner, and Leah, 32 – who have both appeared on episodes of *Keeping Up With The Kardashians* – named their little girl Eva James Jenner.

Leah announced the birth on Instagram, writing, 'On Wednesday, July 22nd I became a Mom. It has without a doubt been the most profoundly beautiful time in my life but also emotionally, spiritually and physically challenging, too... and I am so grateful for every second of it. Brandon and I are taking care of our healthy, little baby girl, Eva James Jenner.'

Instagram/@leah_jenner

STACEY & STEVE-O SPLIT!

Stacey Solomon, 25, and Steve-O, 41, have split after six months together. The pair, who met on Channel 4 winter sports show *The Jump*, blamed distance for breaking them up, as *Jackass* star Steve lives in the US. Stacey's agent said, 'She is really hurt by the whole situation.'



THE ROCKY ROAD OF LOVE



MADONNA, 56



SEAN PENN, 1985
On her 27th birthday Madonna married film star Sean Penn on a Californian cliff-top. The pair had a fiery relationship – including allegations that he tied her to a chair and beat her – and they divorced in 1989.



CARLOS LEON, 1994
The pop superstar met actor and personal trainer Carlos Leon when they were jogging in New York's Central Park in 1994. The pair had daughter Lourdes, now 18, in 1996, but split just months after her birth.





COCO & ICE T EXPECTING!

Ice T is to become a father again – at the age of 57. The rapper, who already has two children aged 39 and 23 and is a grandfather of two, is going to be changing nappies all over again as wife Coco Austin is pregnant.

Coco, 36, and Ice – both US reality stars – are said to be delighted.

And Coco, famed for her huge bottom and womanly curves, has spoken in the past about the pressure to become a mum.

‘There’s a lot of peer pressure,’ she said. ‘It’s not just my family that’s giving it, it’s the world... When the time’s right, I will.’

Yet she admitted she’s always wanted children, saying, ‘I don’t want to be like those 80-year-old women with no one around them. I want to have something I gave birth to early in life and be like, “You can help me out now!”’



SAM & CHARLIE SECRET ROMANCE?

Here’s a celeb love match we never expected to see... Global singing sensation Sam Smith and, erm, former *TOWIE* extra Charlie King.

The pair reportedly enjoyed a string of secret dates in ‘quiet pubs’ and rendezvous at Sam’s flat – but later decided they were better off as mates.

While Sam, 23, is best known for his number one hit singles and can count the Kardashian clan as fans, Charlie, 29, is famous for being the ex-boyfriend of *TOWIE* favourite Gemma Collins, before he came out after quitting the show.

A source said, ‘The pair hung out to discover if they were compatible. They enjoyed each other’s company as both are quite deep individuals. They deliberately never took any pictures together because they wanted to keep it under wraps.’

‘Sam’s schedule is incredibly hectic, so their dates were sporadic. They mutually decided in May it wasn’t going to work.’



Photos Getty Rex, Rex-Shutterstock



GUY RITCHIE, 1998
In 1998, Madonna met British film director Guy Ritchie. She gave birth to their son, Rocco, now 14, in 2000 and they married later that year in Scotland. In 2006 they adopted son David Banda from a Malawi orphanage. Madonna and Guy, 46, divorced in 2008 but remain friends.



ALEX RODRIGUEZ, 1998
Madonna had a fling with US baseball player Alex Rodriguez in 2008 before meeting Brazilian male model Jesus Luz – 28 years her junior – who she saw until they went their separate ways two years later.



TIMOR STEFFENS, 2014
Madge had a fling with dancer Timor, 27, but they split last summer. The Queen of Pop, who turns 57 on 16 August, is currently single, while ex-hubby Guy wed Jacqui Ainsley last Thursday.

BRAHIM ZAIBAT, 2010
She then dated French dancer Brahim Zaibat from 2010 – 2013. She split from Brahim – who was also 28 years younger than her – because of ‘conflicting work schedules.’



Kelly Jenkins

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RETWEETS 51
FAVOURITES 112

CHUFFING CREEPY

The ingredients childhood nightmares are made from. Thomas the Tank Engine goes off the rails, quite literally, terrorising kids across the land.

CINDERS BALLS-UP

Erm, who's gonna tell psycho Cinderella she's not kissing a prince looking like that? Bagsie, not us...



Reveal *pictures*



NASTY FOUL

Where's Mary Bezza when you need her? @cherylgrace1 scored an own goal with this seventh birthday cake. Let's hope Sonny saw the funny side to the freaky footballer!

GREAT BRITISH BAKING

blunders

With the return of The Great British Bake Off, the TV show asked viewers to post pictures of their cooking catastrophes. Here are some #epicbakingfails



LET IT GO... IN THE BIN

Not quite Frozen, Lisa Randolph-Gant describes her Elsa cake as more of a 'hot mess'. It distracts us from her Hello Kitty hat, anyway.



GIVING US THE WILLIES

X-rated Peppa Pig takes on a phallic dimension in this baking blunder. A slice of Peppa porn, anyone?



BRUSH WITH DISASTER

How is this possible? A big DIY don't.



SCONE WRONG

@FrannSummers must have been made up when her dear old ma cooked up this unique Eccles cake.

Words: Su Kamey Photos: Twitter

Join our new campaign



'I DIDN'T REALISE I *carer to*

Shauna Naylor, 32, spent day and night worrying about her epileptic husband, Dan – but it took years for her to discover that there is support out there

It took six years for the penny to drop that I am a carer. My husband, Dan, suffers from epilepsy and he frequently has violent seizures. So I spend a significant amount of time on high-alert – waiting for something to go wrong, restraining him during one of his episodes, or supporting him in the aftermath when he might be hurt and disorientated.

For us, that's just everyday life.

Back in 2012, I began doing some work at a young carers' project in Sheffield. I help to co-ordinate respite days so that young carers can take a much-needed break from their daily responsibilities and have some fun, but one day it hit me: I'm a carer, too.

When I met Dan, now 42, in 2000, I didn't know much about epilepsy, but I soon became an expert. Dan suffers from a rare form of frontal lobe epilepsy, which causes violent nocturnal seizures.

We met at a gig when I was 17 and the moment I set eyes on him, I felt like I already knew him. We were friends for seven years before we started dating, eventually marrying in September 2012. He's always been The One – I knew I wanted to be with him and look after him.

Dan's seizures happen really quickly, without warning, in the middle of the night. When they start, I have to lie next to him and put my hand underneath his arm and over his shoulder, then put my leg over his thigh to hold him down.

At 6ft 2in, his body is much bigger than my 5ft 7in frame, but I try to use my body weight to hold him back so he doesn't start smashing things. If I can't get him in my grip, he'll fall out of bed and start kicking everything around him.

Dan could break the bones in his leg but he won't feel it. He'll just kick and kick. He's knocked radiator pipes out of the wall, he's kicked electrical sockets and



Shauna and Dan have been married for almost three years

the wiring's come out. He once smashed up our entire bathroom, even breaking the sink.

All the while, Dan's eyes are open, but his pupils are dilated and he won't remember what's happened until after he's slept following the seizure. It was scary at first, but now I'm quite practical when it happens.

Dan, a guitar teacher, has seizures once or twice a week at night. He also has daytime fits about once every six months, and he can have up to three in a day. We get it under control a bit with medication, but nothing the doctors can prescribe will stop it altogether.

So we have to live a very "Zen" lifestyle – everything is calm, and we listen to music before we go to bed. Stress makes Dan

ill and if he's had a difficult day I know the seizures are going to come at night. Our bed is a mattress on the floor and we can't have glasses or anything like that in the bedroom as it's far too dangerous.

Once, when Dan was abroad without me, he jumped off the roof of a hotel during a fit. Fortunately, he landed on a balcony on the way down, which saved his life. I've never let him go away without me since.

Sadly, because of Dan's condition, we made the choice not to have children. We discussed it before we got married and it was a difficult decision.

I wanted to be a mum but it would be too stressful for Dan. Knowing that he could potentially hurt me by accident is enough, but the thought of him having a seizure and knocking a baby's cot... the guilt would kill him.

Life isn't always easy, but the support workers at Carers Trust are awesome at listening. They get it that, as a carer, we can't change the situation. Therapists and friends mean well, but they often try to fix things for you and give stock advice like, "Look after yourself", which isn't always an option. You just need someone to listen and say, "It's been hard. Let's hope next week is less hard."

Carers Trust also gives me a grant of £200 for relaxation, and I use mine to pay for the gym. It only buys three months but I get to use the sauna and go for a swim, which clears away all the stress.

It's financially draining having to do so much repair work around the house, so the money means the world to me and leaves me better equipped to help Dan.

I feel lucky every day that I'm with Dan. We really respect and care for each other and the help we get supports that.

If you're not sure whether you're a carer, it's worth thinking about. Are you doing constant risk-assessment or bending things in your life around one person? And, if you do think you fall into that bracket, take a leap of faith and connect with your local Carers' Centre, which you can find online.

It can be unpredictably good and bring you something you weren't expecting.'

Helen Nianias

WAS A
oo'

Thanks to the Carers Trust, Dan and Shauna's lives have been made a little easier



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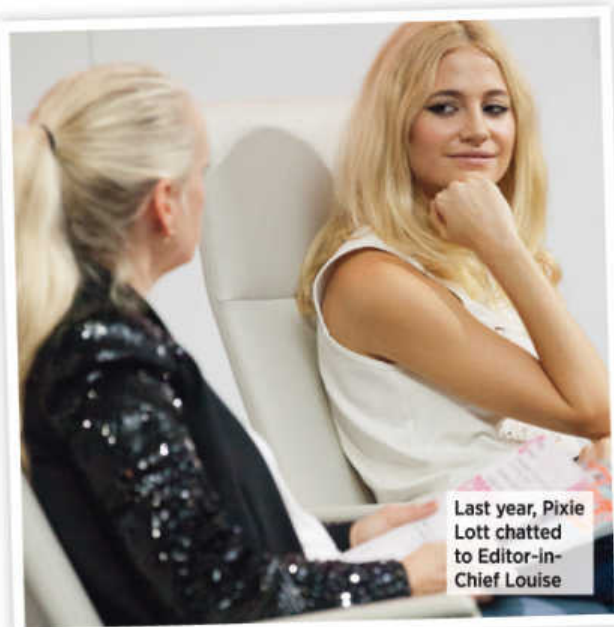


DAY 2

TUESDAY 15 SEPTEMBER

THE A-LIST FASHION INTERVIEW

1 WIMPOLE STREET, LONDON W1G 0AE, 6.30-9PM, £15



DAY 3

WEDNESDAY 16 SEPTEMBER

ACCESSORIES SHOWCASE

ONE HORSE GUARDS, LONDON SW1A 2HU, 7-10PM, £10



DAY 4

THURSDAY 17 SEPTEMBER

CATWALK TO COSMOPOLITAN FASHION SHOW

BATTERSEA EVOLUTION, LONDON SW11 4NJ, 7-12AM, £55



DAY 5

FRIDAY 18 SEPTEMBER

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News headlines warn of overusing modern medicine



SHOULD WE WORRY ABOUT *antibiotics?*



Our columnist Dr Phil Hammond on the big medical story hitting the headlines

Resistance to antibiotics could end modern medicine, Britain's top doctor has warned. Prof Dame Sally Davies, England's chief medical officer, has warned that antibiotics just won't work when we really need them if we continue to overuse them when we don't.

And that could lead to a sharp increase in deaths from serious infections.

By exposing bacteria to powerful antibiotics when they aren't necessary means the bacteria, which divide and mutate all the time, are likely to develop a mutant strain that resists the drug.

This mutant strain then multiplies rapidly when it comes across the antibiotic again, making it useless. Millions of people have died across the world because of antibiotic resistance in hospitals. Bugs like MRSA and C. diff may become impossible to treat, and people will routinely die from infections after surgery and transplants.

Resistant bugs are also causing problems in the community and in nursing homes. Some strains of gonorrhoea have become almost impossible to treat. If we aren't careful, one of our most powerful weapons against disease will be lost forever.

But knowing when you need antibiotics isn't easy. You have to be able to spot whether an illness will get better on its own, and know when to seek help if it isn't and before too much damage is done. Not even doctors get it right first time, every time, so if you try without an antibiotic you need a safety net that tells you when to

seek help if the infection is getting worse and antibiotics may be needed. The guide below should help.

Many common infections, such as coughs, colds and stomach upsets, are viral infections that go away without antibiotics.

Common bacterial infections also get better without antibiotics. The body's own defence mechanisms will beat the infection, but you have to be patient. For example:

- 90 per cent of coughs last up to three weeks and will not be helped by antibiotics unless you are elderly, very ill or have another health condition
- Ear infections are often over in four days
- Sore throats take a week to heal
- The common cold can take 10 days to recover from
- Sinus infections take up to two-and-a-half weeks to clear

Your pharmacist is an excellent source of advice and can recommend over-the-counter drugs to help symptoms such as pain and fever.

Antibiotics can be life-saving in severe infections such as cellulitis, after surgery and in cases of sepsis – an extreme reaction of the body to infection. Seek urgent help for the following symptoms:

SLURRED SPEECH
EXTREME SHIVERING OR MUSCLE PAIN
PASSING NO URINE IN A DAY
SEVERE BREATHLESSNESS
I FEEL LIKE I MIGHT DIE
SKIN MOTTLED OR DISCOLOURED



HOW POORLY IS YOUR CHILD?

Learn the red-light signs of a severely ill youngster, often due to infection, that need urgent medical help

IF YOUR CHILD HAS THESE SYMPTOMS, YOU NEED TO GET URGENT MEDICAL ASSISTANCE

- Pale, mottled or blue skin, lips or tongue
- No response to your voice or play
- Just looking really ill
- Does not wake, or if roused does not stay awake
- Weak, high-pitched or continuous cry
- Grunting
- Fast breathing
- Sucking in of the muscles in between the ribs as your child breathes
- Gently squeezed skin remains wrinkled
- Bulging soft spot between the skull bones
- Temperature of 38°C or higher aged up to three months or 39°C or higher aged three to six months

You may not need antibiotics for all these red-flag signs, but you do need to get urgent help. If you, or your child, are prescribed an antibiotic, take the full course, even if you feel better. This will reduce the chances of the bacteria becoming resistant, or of you needing more antibiotics because of a relapse.

ROME

The Italian capital's Colosseum is a must-see

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PRAGUE

The capital and largest city of the Czech Republic is located alongside the Vltava River. The main attractions include Prague Castle, the Charles

Bridge, Old Town Square, the Jewish Quarter, the Lennon Wall and Petřín hill.

KRAKÓW

This Polish city is fast becoming a popular weekend break due to its richly varied history and culture. The Old Town showcases many picturesque architectural sights and historic attractions, while you can also visit the Wawel Royal Castle, St Mary's Church, the Barbakan, the Jewish Quarter and Oskar Schindler's factory.

PRAGUE

The Vltava River is spanned by Prague's famous bridges



The Old Town's main square dates back to the 13th century

KRAKÓW



DEPARTURES	PRAGUE PRICES FROM	KRAKÓW PRICES FROM	ROME PRICES FROM
October	£179	£199	£159
November	£149	£159	£149
December	£159	£169	£149
January	£129	£159	£149
February	£129	£169	£149

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Holiday HITS

Ibiza-based blogger and stylist Lucy Moon hit the hotspots to find out what our lovely Reveal readers are wearing in the coolest beach bars...

**LUCY MOON,
AGE 30, ESSEX**

WEARING
ZARA DRESS
NEW LOOK WEDGES
HIPPIY MARKET
BAG

Love this
bag

My holiday style is centred around being comfy. I stick to floaty styles and breathable fabrics to keep cool in the heat. I try to mix and match simple basics, such as a printed frock or cami top, with statement buys that I pick up on my travels – for example, an embroidered bag or handmade necklace. The Hippy Market in Ibiza is great for one-off gems like this!
lucymoonx.wix.com/loveluna



KARIN VIKNER, 26, SWEDEN

'I love bright prints, they really make a statement and show off your tan. I like to choose one show-stopper piece, like this dress, and pair it with simple shoes and accessories.'

£28, axparis.com

WEARING
MANGO DRESS
H&M SHOES
HÅN KJØBENHAVN
SUNGLASSES

Cute
dress!



**GRACE DUESBURY,
20, MANCHESTER**



'A mid-height holiday heel is a must for me. It goes with everything, from my pool party outfit to a little dress, and I can dance all night in them – bonus!'

£30, Topshop

WEARING
ASOS SWIMSUIT
RIVER ISLAND SHOES
URBAN OUTFITTERS
SUNGLASSES

Sexy
one-piece



**HEATHER WILLIAMS,
32, WIRRAL**

WEARING
TOP AND TROUSERS
FROM A BOUTIQUE IN
LIVERPOOL
DUNE WEDGES
TOPSHOP
SUNGLASSES



£25, Topshop

Sweet
crop

'I always pack about eight pairs of sunnies – I'm obsessed! I think just switching them can totally change your outfit, so you can never have too many pairs.'

WEARING
ZARA DRESS
MANGO SANDALS & BAG
TOPSHOP SUNGLASSES
MATALAN NECKLACE

**CLARE DALY,
28, LONDON**

£13, Primark



'I love the cold shoulder trend, it's a really simple way to inject some cool into my holiday look. I always try to choose dresses that can be worn from the beach to the bar, so I have more room in my suitcase for shoes.'

**RUBY GARVEY,
23, ESSEX**

£10, seekersofthesun.co



Body
tattoos

WEARING
ASOS SWIMSUIT
LIPSY KAFTAN
BOOHOO
SUNGLASSES

'I love a two-piece, matching shorts and top or trousers and top combo. It means I can mix and match the pieces with other clothes in my wardrobe, like denim cut-offs, or wear them together.'

Accessorise with...



£18, Jeepers Peepers



£5, George at Asda

£7.99, New Look

£5, Diva at Miss Selfridge



£10, Dorothy Perkins

£22, ASOS



£90, Office



Reveal style

£12.99, H&M

STATEMENT 70s

The 70s were all about making a serious wardrobe statement, and these XXL necklaces are going to take any outfit into retro territory. Add them to a blouse and flares combo for a head-to-toe takeover.



£28, River Island



JUST CAVALLI

£8, Claire's

FAKE IT

£18, regalrose.co.uk

Want the latest 'it' piercing, minus the pain? These clip-on septum nose jewels are the quirky new way to accessorise. With everyone from Rihanna to Madonna trying out this jewellery must-have, they're sure to be a hit.



UPDATE YOUR jewels

U-CUFF BANGLE

The classic torque bangle has a glam new look, with diamantés, pearls and gemstones, making them top of the fashionistas' wish lists. This one isn't about piling on the bling though, ladies. Keep it simple and solo, just like Rosie Fortescue.



£45, Fossil at Ernest Jones

£8, asos.com



ROSIE FORTESCUE

Exact match from
lolaandgrace.com,
£29.50

Revitalise your wardrobe with these transitional pieces that'll take you into the new season from just £3.99!

ANIMAL INSTINCT

Jewellery doesn't have to be staple – sometimes it's fun to make a statement, and these animal pieces do just that. From snake bangles to unicorn rings, any creature goes, as long as they bring a kooky twist to your outfit.



£14, Topshop

MULTI-GEMS

The multi-ring packs are still out in full force, but, this time, they've had a colourful gemstone update. Go for dramatic oversized styles and adorn your hands with rich 70s shades.

£12, asos.com, five pack

£6, boohoo.com, three pack



£34, Dogeared at asos.com

Gold plated
sterling
silver

£14.99, Mango





RIHANNA

GET PERSONAL

Give your jewellery a personalised touch by designing your necklace yourself. All the celebs, including Kim Kardashian West and Una Foden, have been getting their babies' names or initials on theirs, but why not mix it up and choose a cute little slogan instead, like this one from Oliver Bonas. We love.

£19, oliverbonas.com



£55, H Samuel



ROCHELLE HUMES



ATELIER VERSACE HAUTE COUTURE

HAIR HEAVEN

This pretty hair accessory is inspired by the Atelier Versace Haute Couture autumn/winter show, but, thankfully, we can get it on the high street! The floral crown has long been a festival favourite, but this black version gives the usual bright style an autumn feel you can work all year round.

£15, Topshop



£29.90,
lolaandgrace.com

£3.99, New Look

PALM CUFF

Hand chains are having to take a step back to let the palm cuff take centre stage. These hand accessories are all about the detail. Go for a leaf style like Rochelle, or add some jewels for extra glam.

GET CUFFED

The ear cuff has coupled up with the classic stud earring to create a fresh new look that'll accessorise your ears all over.

£8.50, Miss Selfridge



THE £2.50 MAKE-UP challenge

Lippies for £1.50, mascaras that cost two quid – there's a new breed of make-up that costs less than a coffee. Our testers find out if it's too good to be true

ESSENCE

This cut-price German brand shot straight to the top of our 'need to try' list after we discovered make-up artist Kenneth Soh (with celeb clients like Millie Mackintosh and Mollie King) is a fan. 'I'm really impressed with the textures, coverage and finish of the products,' Kenneth explains. Its no animal testing ethos is admirable, too.

BUY



SLEEP-CHEATING CONCEALER

We'd already heard rumours **Stay Natural Concealer** is a bit of a gem. Our verdict? Yep, it's fantastic. It zaps dark circles in seconds and stays crease-free all day. The shades are pretty light but with four to choose from, it's still more than can be said for most budget brands.

£2

MEGA-THICKENING MASCARA

The whopper of a wand on **Get Big! Lashes Volume Boost Mascara**, £2.30, is daunting but it works. Brilliantly, in fact. Our testers reported insane thickening powers and zero smudging.



Bin

The **Silky Touch Blush**, £2.50, gave a pretty pop of colour but when faced with a big night out? The sweaty dancefloor won.



KYLIE JENNER-ESQUE LIP BOOSTER

Pinky-nude lip pencils are the ultimate pout-plumping tool but most brands are selling out fast (call it the Kylie effect!). This **Lipliner in Satin Mauve**, £1, does the job perfectly. Stock up before anyone discovers how fab it is!



POUNDWORLD

Its rival Poundland moved into the beauty realm last year so it was only a matter of time before high street heavyweight Poundworld followed suit. It's conjured up the all-British Miss Beauty London range – made up of a whopping 100 products, each produced in one of the UK's last remaining cosmetics factories.

BUY

WONDER LINER

Our panel found this **Fine Eyeliner, £1**, unbelievably easy to use but the nice nib's not its only plus point. With an intense black formula that survived a tear-fest, one reviewer vowed to 'never use an expensive eyeliner again'.

£1

BIGGEST CHOICE OF NAIL COLOURS - EVER!

With a line-up more colourful than Katy Perry's wig collection, we're tempted to buy a basket full of these **Nail Polishes** (there's 55 hues!). Our testers were really taken with the nudes but all are thick, glossy and go a good five days before chipping.

Bin

The **Lengthening Mascara, £1**, actually made our lashes look limper. (Yes, we didn't know that was possible either.)



PRIMARK

Primark's upped its beauty game. Last year it debuted Love Beauty – in-store brow, lash and nail bars headed up by an A-list brow guru. Even *TOWIE*'s Chloe Sims and Danielle Armstrong trawl the brand's cosmetics shelves! Our panel road-tested its make-up line, PS Love that hit shelves last year.

BUY

MESS-FREE SHIMMER

Most metallic eye dusts contain hefty chunks of glitter but this **Loose Eye Shadow Powder, £1**, boasts one of the finest formulas we've found. It's beautifully iridescent and doesn't need a primer to make it stick. Magic? We think so.

• £1.50

FREEDOM MAKE-UP

There's some serious beauty know-how behind this newly launched brand, that counts *MIC*'s Rosie Fortescue as a fan. One founder created Makeup Revolution (an affordable line loved by Michelle Keegan) while the other's a make-up artist with 20 years' experience working with MAC and Illamasqua. Despite the teeny price tags, it's got professionals in mind. There are extra discounts available for trained make-up artists and courses for those starting out.

BUY

COPYCAT BRONZER

Make-up mavens might recognize **Pro Glow Purr**. The leopard print design's a lot like one from a much pricier brand and the quality's not far off too. Swirl the colours together for a glistening veil of bronze that looks pretty dusted on cheekbones, or on apples if you're a shimmer-lover.

LUXE-LOOK PALETTE

The **Pro Shade and Brighten Stunning Rose Kit, £2.50**, has buttery soft shadows that are glistening but not glittery... for less than a sarnie. No-brainer!



TOP NOTCH RED LIPPIE

Could the **Matte Long Last Lipstick in Red**, be the lipstick of dreams? It looks opaque, feels smooth and has a subtle teeth-whitening effect. Some regular reapplying is required but with liner underneath, it'll see you through several hours.

• £2.50

POWER BLUSH

Forget anything you thought about cheap make-up being wishy-washy. Just one touch of this **Powder Blush in Fuchsia, £2**, gives cheeks some serious pop! Applied sparingly, it has a brilliant brightening effect that lasts all day. Gorge packaging, too.

Bin

The heavy-duty **Foundation Stick, £2**, (in just three shades) worked OK as a concealer but it was game over when we tried to blend it as a base.

Bin

The **Pro Impact Nail Polish, £1 each**, looked totally Instagram-worthy but they chipped faster than you can say #nailinspo.

THE VERDICT

Hooray! There are some real gems to be found on the bargain booty shelves, especially if you're up for experimenting with new colours and textures. There's still a lot to be desired when it comes to catering for different skin tones (wake up, beauty brands!) but next time we're tempted to nip out for a skinny latte? We'll make our own and bag a lippie instead, thanks.

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*blended for
beautiful hair*



**BLENDED FOR SMOOTH, SLEEK HAIR
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Amber's picks

Best beat the heat treats!

From Nicole Scherzinger's cool-down secret to a mojito for your body, I test out the top products for staying cool and looking H-O-T...



MAMA MIO LUCKY LEGS, £19.50

Our ankles can take a hit when the heat is on. Using energising spearmint and the power of essential oils, this delivers a cooling blast while de-puffing. 'It wasn't particularly moisturising, but it felt blissful!' says my pregnant reviewer.

HOT FEET HERO

TEMPLE SPA TAKE A GRIP, £4.25

The body equivalent of a dry shampoo, this one-of-a-kind lotion has a refreshing, mattifying sensation that's great for blitzing sweatiness. Scherzy swears by it and for my tester, it was a saviour when going from rush hour to swanky restaurant.

THE 'NO WATER' SHOWER!

INDEED LABS HYDRALURON MOISTURE BOOSTING MASK, £19.99 FOR 4

No wonder Rita Ora and Kelly Brook adore sheet masks – speedy treatments soaked in all kinds of complexion-boosting goodness. My tester found these really refreshing after a day in the sun. 'It literally made me go "ahh!"' she reveals. Her dry patches disappeared and her skin looked brighter immediately.

CELEBRITY PICK



NICOLE SCHERZINGER

SUPERDRUG INSTANT COOLING SPRAY, £3.99

At half the price of most facial spritzers, I was keen to see if this worked. 'It didn't drip or mess up my make-up. It does the job!' my tester tells me.

Too bulky for handbags but a good'un for your desk or bedside.

COOLDOWN IN A CAN

THE BODY SHOP VIRGIN MOJITO BODY SCRUB, £15

This wasn't hugely 'cooling', but the clever blend of lime and mint had an invigorating effect on my tester. 'I instantly felt perkier,' she explains.

COCKTAIL-INSPIRED EXFOLIATOR

COOL-IT CADDY MAKE-UP BAGS, £20 PLUS SHIPPING COSTS, (LIKE ICE PACKS FOR BEAUTY PRODUCTS!) ARE GENIUS...

They'll keep your face spritzer cold and stop your make-up from melting. Available from cool-itcaddy.com.

ON THE GO?

SANCTUARY SPA COOLING SHOWER DRENCH, £7

If a cold shower's not quite bracing enough for you, this should do the trick. 'It almost took my breath away!' says one reviewer. 'It's pricey, but lathers up really well,' agrees another.

ICY SHOWER SAVIOUR

RIVER ISLAND



VERY



Shop 'TIL YOU drop

The hottest buys on the high street this week

TOPSHOP



- Jumpsuit, £29.99, Zara
- Belt, £25, River Island
- Boots, £75, Schuh
- Earrings, £10, Freedom at Topshop
- Necklace, £20, Joy
- Cuff, £8.50, Freedom at Topshop



ZARA



£89⁹⁹



£25⁹⁹



£69⁹⁹



£39⁹⁹

H&M



£19⁹⁹



£29⁹⁹



£24⁹⁹



£69⁹⁹

NEW LOOK



£24⁹⁹

£22⁹⁹

£29⁹⁹

£19⁹⁹

NEXT

£28

New season
denim
essential

£30



£68

£14

WAREHOUSE



£38

Looks like
real leather

£40

£55

£60



Blouse, £33, Wallis
 Dress, £40, Topshop
 Shoes, £49.99, Zara
 Bag, £25, J by Jasper
 Conran at Debenhams

BOOHOO.COM



£20

Reveal
steal



£20

£20



£30



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Dr Phil

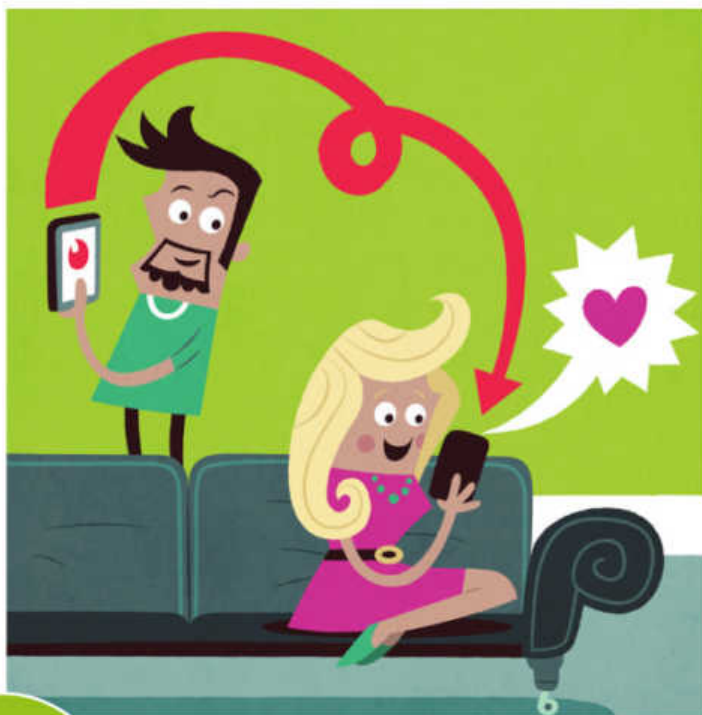
TV's Dr Phil Hammond answers your questions and gives it to you straight on the big health issues

AGEING GRACEFULLY

Do some people get physically older quicker than others?

Louise, Weymouth

Yes. A recent study of 38-year-olds, based on 18 different tests, found their biological ages varied widely. Some had, say, the cholesterol levels of a 50-year-old. And we all know people who just look younger than they are, as well as those who look a lot older. Your biological age depends on a mixture of your genes, your lifestyle and circumstances. If you're very poor, stressed and frightened, you're likely to look older. Alcohol, smoking and too much sun exposure can also age you, as can not getting enough sleep. Love and exercise are two things that often help to keep people young.



Trust me – I'M A DOCTOR

I've found out my girlfriend is on Tinder. Should I chuck her?

John, Guildford

Listen to your girlfriend's side of the story first before you jump to any hasty conclusions. Some people use Tinder for fun and get confidence from knowing other people fancy them without following it up. Others use it for simple friendship. Or she may have registered to the dating app a while ago and just forgotten to close her account. If you spotted her on there it either means you're on it, too, or you have a friend who is. Why don't you swipe right and start a conversation with her? It might be just the thing to rekindle your romance. Alternatively, it could end it very quickly.

THE sex QUESTION

COMING OF AGE

When will my kids go through puberty?

Maggie, Wetherby

Ninety per cent of girls start puberty between the ages of nine and 13. The first sign in most girls is smooth lumps behind the nipples followed by pubic hair growth. Periods usually start between 12 and 13 years of age. In boys, the penis and testicles start to enlarge with a few pubic hairs around 10 and 11 years of age but maybe as late as 13 or 14. They continue to grow until the age of 16 or 17, and some boys and girls are late developers. If there have been no changes at all by the age of 14, see your doctor.

DR PHIL SAYS: 'Most of the things you worry about never happen. Learn to let them go.'

A WEIGHTING GAME

Is it OK being overweight now if I lose it later in life?

Sophie, Manchester

It's hard to lose weight as you get older, but it's always worth trying. If you're overweight but don't have any health conditions, then you might get away with it. However, if you develop a stroke, type 2 diabetes or heart disease due to being overweight, it can have a big effect on your enjoyment of life and life expectancy. My advice is to start turning around your health now. Walk as much as you can, always take the stairs, cut out sugary drinks and avoid snacking in between meals. Lots of small changes can lead to big health improvements in time.

STING IN THE TAIL

My face swelled up after a bee sting. Do I need to get one of those pens?

Anna, Arbroath

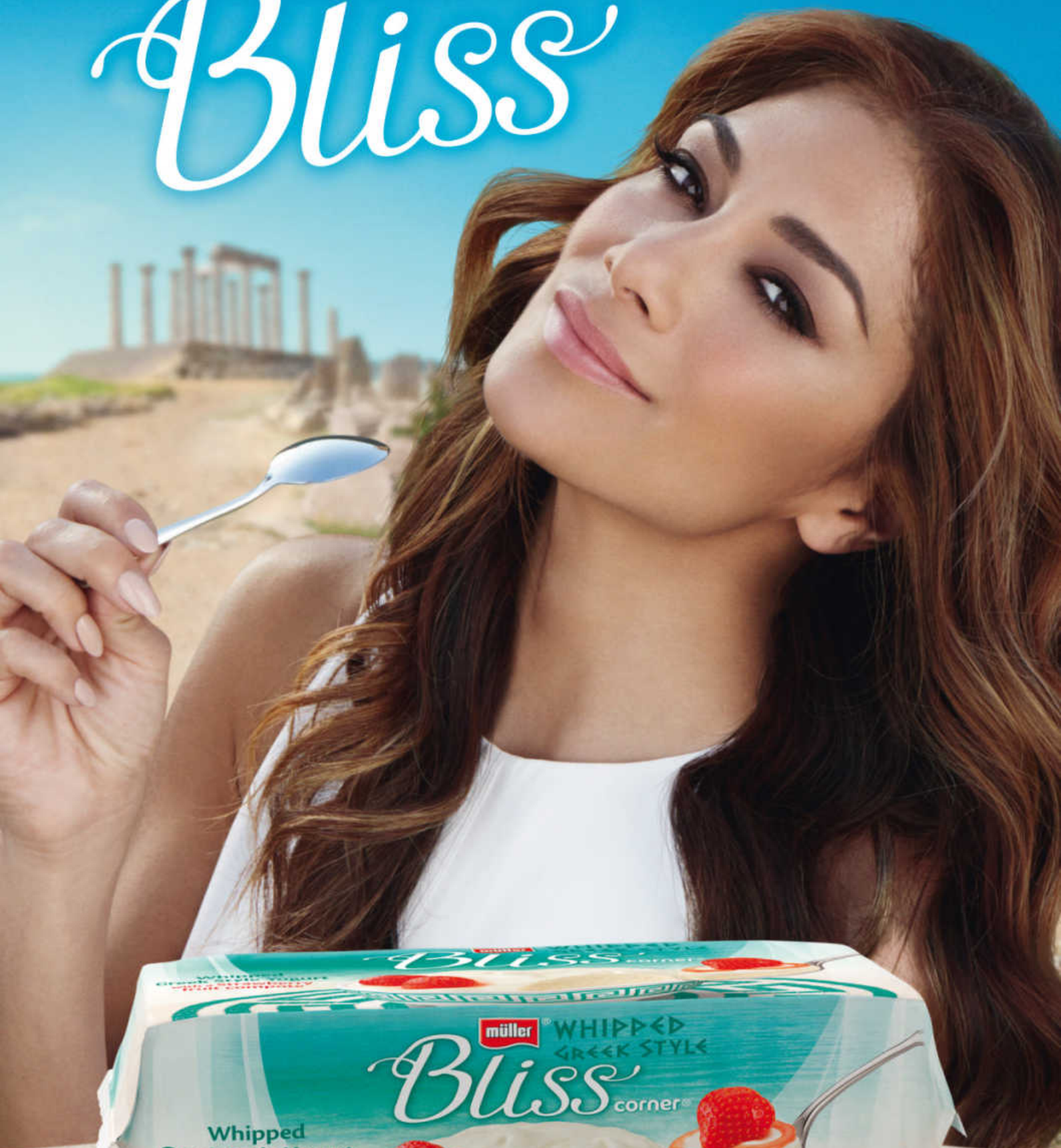
Yes. A few people develop very serious allergic reactions to bee or wasp stings. If your face swelled up, you had a rash or felt faint or had any difficulty breathing after a bee sting, then you should carry an emergency injection of adrenaline with you. These allergic reactions can be worse the next time it happens, so even if you didn't have breathing difficulties the first time, you may in the future. The adrenaline can stop the allergic reaction getting worse and save your life. Discuss it with your GP.

HAVE YOU GOT A QUESTION FOR DR PHIL? EMAIL HIM AT dr.phil@revealmagazine.co.uk

FOR DR PHIL'S TOUR DATES AND NEW BOOK, STAYING ALIVE, GO TO drphilhammond.com Dr Phil regrets that he cannot reply to emails personally

FOLLOW DR PHIL ON TWITTER @drphilhammond. FOR MORE DR PHIL NEWS, GO TO drphilhammond.com

*So creamy
it's sheer*
Bliss



Delicious digestives!

Make your own sweet treat...

Has the return of the *Great British Bake Off* left you itching to try out your own culinary skills? Well, to help inspire you, this recipe comes straight from the Bake Off kitchen. Home-made digestives have a more satisfying crunch than a shop-bought pack, and you'll know exactly what's gone into them! You can finish the biscuits with a coating of melted chocolate or make a savoury version to eat with cheese, dips and pâtés. So, what are you waiting for? Ready, set, bake..!

SWEET DIGESTIVES

Makes about 20

INGREDIENTS

150g plain wholemeal flour (spelt or wheat)
150g medium oatmeal
1 tbsp bran
1/4 tsp crushed seasalt
1 tsp baking powder
75g dark muscovado sugar (sieved if lumpy)
150g unsalted butter, chilled and diced
1-2 tbsp milk
1 x 7.5cm plain round cutter
1-2 baking sheets, lightly greased

➔ Put the flour, oatmeal, bran, salt, baking powder and sugar into a food processor bowl. 'Pulse' several times until all of the ingredients are thoroughly combined.
➔ Add the chunks of butter and run the machine until the mixture looks like fine crumbs. With the machine running, add enough milk through the feed tube to bring the mixture together into a firm, but not dry, dough. (You can

Short on time? Just rub butter into the dry ingredients and add milk to make the biscuit mixture

also make the biscuit mixture by combining all the dry ingredients in a mixing bowl, then rubbing in the butter and, finally, stirring in the milk with a round-bladed knife).

➔ Lift the dough out of the mixing bowl, flatten into a thick disc and wrap in clingfilm. Chill for 30 minutes until firm.
➔ Set the disc of dough between 2 sheets of clingfilm or baking paper and roll out to 4mm thick. Stamp out rounds with the plain cutter and set slightly apart on the greased baking sheets. Gather up the trimmings and work them together, then re-roll and cut out more rounds.

➔ Prick each round several times with a fork, then chill in the fridge for about 10 minutes. Meanwhile, heat your oven to 190°C/375°F/gas mark 5.

➔ Bake the biscuits for 10-12 minutes until golden and slightly darker around the edges. To make sure the biscuits cook evenly, rotate the sheet or sheets after 5 minutes. Remove the sheet or sheets from the oven and set on a heatproof surface. Leave the biscuits to cool and firm up for 5 minutes, then transfer them to a wire rack. When cold, store in an airtight container and consume within a week.

TIP
Add chocolate to sweet digestives or cheese to savoury versions for any-occasion biscuits



SAVOURY DIGESTIVES

➔ Follow the basic recipe but reduce the sugar to 50g. Add an extra 1/4 tsp sea salt, 1/2 tsp garam masala, 1/4 tsp crushed dried chilli and a pinch of cumin seeds. Roll out in the same way and cut out 5cm rounds. Chill, then bake for 8 minutes. Makes about 35.



Extracted from *The Great British Bake Off Big Book of Baking* by Linda Collister (BBC Books, £20).



ROSIE HUNTINGTON-WHITELEY

Ex-Victoria's Secret model Rosie Huntington-Whiteley first took her striking looks to the big screen when she played leading lady, Carly Spencer, in *Transformers: Dark Of The Moon* opposite Shia LaBeouf.

While Rosie, 28, is now also known for her best-selling lingerie range for Marks & Spencer, the stunning girlfriend of action star Jason Statham has also continued with her acting, which included an appearance in *Mad Max: Fury Road* earlier this year.



THE model

CARA DELEVINGNE

After admitting, 'Modelling was never my dream,' when she dipped her toe into the world of TV last year, Cara Delevingne ditched her modelling agency, Storm, to pursue a career in acting.

And since swapping paths, Cara, 22, has been so successful that she currently has five films in post-production, and is now busy filming *Suicide Squad* - due for release next year.

But after her totally awks interview where she was accused of 'being in a mood' on a US chat show, we're thinking that maybe Cara's better off on the runway where her mouth is kept shut!



EMILY RATAJKOWSKI

Emily Ratajkowski was first signed to a modelling agency at just 14. From there, the 24-year-old - who danced in Robin Thicke's controversial *Blurred Lines* video - scored her first serious movie role as Ben Affleck's lover in *Gone Girl* as well as the lead role in the upcoming release, *We Are Your Friends*, opposite Zac Efron. Lucky girl!





LILY COLE

International model Lily Cole swapped the catwalk for the cinema as she made her acting debut in 2007 comedy *St. Trinian's*. Since her impressive performance as geeky Polly, Lily, 27, has since starred in fantasy film *The Imaginarium Of Doctor Parnassus* and *Snow White And The Huntsman*.



KATE UPTON

Curvaceous Kate Upton started off modelling for *Sports Illustrated*, before becoming the face of Bobbi Brown and appearing in publications such as *Vogue Italy* and *Vanity Fair*.

But after finding success in the modelling world, US-born Kate, 23, went on to land her first notable film appearance last year, with her role in *The Other Woman*, next to A-lister Cameron Diaz.



MILLA JOVOVICH

Modelling maven Milla Jovovich was once featured in big brand campaigns for Christian Dior, Versace, Calvin Klein and Revlon.

But when Milla, 39, dipped her toe into acting, she landed a whole hoard of successful parts including leading roles in the *Resident Evil* franchise and *The Fifth Element*, alongside Bruce Willis.

GREAT *exodus*

With Cara Delevingne the latest model to ditch the catwalk for the big screen, we take a look at the bevy of beauties who have swapped still cameras for movie ones...



JAMIE DORNAN

After looking seriously hot modelling for the likes of Abercrombie & Fitch, Calvin Klein and Armani, it's no surprise that people were keen to see Irish hunk Jamie Dornan hit the big screen.

And after saying he sometimes felt 'objectified' as a model, dad-of-one Jamie, 33, moved on to acting full-time, making his name as a serial killer in BBC2's *The Fall*. Jamie has appeared in many films, most notably *Fifty Shades Of Grey*.



KELLY BROOK

After making a name for herself modelling in men's mags and lingerie campaigns, Kelly Brook side-stepped from TV presenting to minor film parts in *Piranha 3D* and *The Italian Job* before gaining her first big break in US sitcom, *One Big Happy*. Though the show was sadly cancelled after one series, Kelly, 35, remains eager to break America, after previously admitting, 'All I ever wanted was to be on American TV.'

Katherine Parkes



7days

REVEAL'S CARENA
CRAWFORD PICKS THIS
WEEK'S TV HIGHLIGHTS

TRUE BLOOD

Can't get enough of this sexy vampire thriller? Good news, gang! All seven seasons will be available on demand via Sky Box Sets. So now there's no reason not to watch Anna Paquin's Sookie Stackhouse falling for 173-year-old bloodsucker Bill Compton, played by Stephen Moyer, on repeat. And, we can feast our eyes on Alexander Skarsgård in full Eric Northman mode, and Joe Manganiello as werewolf Alcide Herveaux, while we're eating our breakfast/doing our nails, basically 24 hours a day. The dream.

SKY BOX SETS, FROM THURSDAY 13 AUGUST



GLEE

Tissues at the ready? The smash hit musical extravaganza that is Glee comes to an end with a double bill. Kicking off with a flashback to where it all started in 2009, the soon-to-be gleeks struggle to find their place in high school society. Fast-forward to present day for the last ever episode (blub!) and Will finally receives some long overdue recognition, old rifts are healed, and the gang are setting their sights on new horizons. Oh, and there'll be a few unexpected surprises thrown in for good measure.

SKY 1, THURSDAY 13 AUGUST, 9PM

WAGS

Forget the sports stars, it's all about the wives and girlfriends in this series. Following the ladies dating professional sportsmen in the States, this show will share their glamorous lives – think diamonds, first class travel and luxury mansions – as well as their outspoken views. Move over, Coleen and co!

E1, TUESDAY 25 AUGUST, 10PM



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THIS WEEK'S SOAP HIGHLIGHTS

EastEnders



ANGRY BOBBY ATTACKS CINDY

With Max still in prison for Lucy's murder, Cindy feels under pressure. She opens up to Liam about her worries, and is later horrified to see Bobby about to put a brick through Max's car window. Without thinking, she grabs Bobby and drags him home. The pair have a huge argument and Cindy finds herself being pushed over. Has Bobby struck again?

EASTENDERS, BBC ONE, MON & FRI, 8PM, TUE & THU, 7.30PM

SIMON GETS OUT OF HAND

Leanne treats Simon and some mates to lunch at the Bistro to try and smooth things over. But Simon steals a bottle of vodka and, when Leanne finds out he got drunk, she grounds him. When he then tries to go out, she blocks his path and he grabs her hair. As she pushes him off, he stumbles and cuts his arm. How will Leanne explain Simon's injury?

Coronation Street



CORONATION STREET, ITV, MON & FRI, 7.30PM & 8.30PM, WED, 7.30PM

Emmerdale



MEGAN FINDS OUT SHE'S PREGNANT

Megan has a plan to get revenge on Jai, but is soon distracted when she takes a pregnancy test and it's positive. As she goes ahead with setting Jai up by planting cocaine in his car, her husband catches on to her and she's forced to confess. On the day of the custody hearing, Jai is still relying on Megan turning up to take his side, but will she?

EMMERDALE, ITV, MON-WED, 7PM, THU, 7PM & 8PM, FRI, 7PM

JASON AND ROBBIE FIGHT

Robbie pleads with Trevor not to kill Kim so Trevor gives him 12 hours to get her out of the country. As Robbie drives Kim to the airport, she grabs the wheel of the car and it swerves. An on-duty Jason spots it and starts a chase. He catches them and the twins argue. As their fight escalates, Jason ends up flying over the edge of a ravine. Will Robbie save his brother?

Hollyoaks



HOLLYOAKS, CHANNEL 4, MON-FRI, 6.30PM

DON'T MISS

King of the red-soled stilettos Christian Louboutin travels the world, hitting Paris Fashion Week and attending fittings for his celeb clients, in new documentary *Louboutin* on Channel 4 on Tuesday 11 August at 9pm.



EX ON THE BEACH CELEB SPECIAL

We had a sneak peek at the first episode of series three, and it's explosive stuff! Packed full of bitching, back-stabbing and bedroom action, the celeb special features former *TOWIE* star Kirk Norcross, his fiery ex-fiancée, Cami Li, *Ex On The Beach* alumni Vicky Pattison and Rogan O'Connor and *Magaluf Weekender*'s top player, Jordan Davies. Will Vicky find love this time around? Will Jordan be tamed? And can Kirk and Cami put their differences aside? Tune in to find out.

MTV, TUESDAY 11 AUGUST, 10PM



HOT PURSUIT

We were lucky enough to attend a sneak preview of this buddy movie with a difference and, let us tell you, it's definitely worth a watch. Reese Witherspoon plays Rose Cooper, an uptight cop who accompanies to court Daniella Riva (Sofia Vergara), a key witness in a drug cartel case. Prepare yourselves for hilarious catfights as the leading ladies go head to head on the road trip from hell. You'll also see a familiar face (and torso) as Robert Kazinsky, aka *EastEnders'* Sean Slater, plays Cooper's bad-boy love interest, Randy. A brilliant mix of action and laughs, *Hot Pursuit* is a real girl-power comedy. *Hot Pursuit* is in cinemas now



Opposites attract – or so they say...



AT HOME WITH ED

For those of us who missed Ed Sheeran's recent sell-out tour (sob!), this DVD documentary is the next best thing. Featuring an in-depth look at the life story of the flame-haired singer and the tales behind his biggest hits, it's the perfect buy for any fan of this home-grown superstar. *Ed Sheeran: The Story, His Life, The Hits* (amazon.co.uk, £6.75)

Photos: Armando Gallo/Corbis, LMK, Rex

BUZZ-O-METER

What's hot in the Reveal office this week



GREGGS

GOOD OL' GREGGS

It turns out us *Revealers* aren't the only ones who enjoy a cheeky trip to Greggs

– Hollywood star Jake Gyllenhaal recently confessed that he, too, is a fan. 'Greggs baguettes – that's what I eat when I'm in London,' he told Magic FM. As luck would have it, the coupon on page 42 of this very magazine offers every reader a free sandwich from Greggs' new Balanced Choice range. Be sure to claim your savoury snack before 31 August – after all, you never know who you might meet in the queue!

BROAD CITY

Ever find yourself in a mad situation and think, 'How the hell did I end up here?' That's exactly how life is for the leading ladies of *Broad City*. Best friends Abbi and Ilana are stumbling through their twenties in NYC with an alarming lack of dignity. Drunken nights out? Check. Facebook-stalking random guys? Check. Creepy



encounters on the subway? You bet! Move over, Lena Dunham – we've found a new cool crowd to keep up with. *Broad City* is on 4Music, Mondays at 10pm

Olivia-Anne Cleary

ALICE IN WONDERLAND

Alice's tale of falling down the rabbit hole into the unknown is something everybody can relate to, whatever their age. This year marks the 150th anniversary of *Alice's Adventures in Wonderland* and, in honour of the classic book, Vivienne Westwood has produced a gorgeous new cover. Take a break from the adult world and relive the magic of Lewis Carroll's fantasy land. Hurry up, because you really don't want to keep the Mad Hatter waiting...

Alice's Adventures in Wonderland 150th Anniversary Edition with Dame Vivienne Westwood (amazon.co.uk, £10.50)



Tea party with Johnny Depp? Mad for it!



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Love it!

Heiress and socialite **Paris Hilton**, 34, reveals her love of Posh and Becks and her beloved skincare splurges...

FAVE... BEAUTY BUY?

I'm, like, completely obsessed with skincare, especially Crème De La Mer. Their moisturising cream (£108 for 30ml) is incredible. I also love La Prairie's Cellular Radiance Concentrate Pure Gold serum (£438 for 30ml).



RESTAURANT?

There's this amazing Lebanese restaurant in London called Maroush. I try to visit it every time I'm over here, because their food is, like, really good and super healthy. I'm obsessed with their chicken, hummus and chipotle dishes.



WAY TO RELAX?

Getting a massage. I don't get to relax a lot, because I'm a workaholic, so for me there's nothing better to come home to than a two-hour massage.



LESSON YOU'VE LEARNT?

Not to be so trusting of everyone. When I first started out in the business, I was very naïve and sweet and trusted everyone. Now, I've learnt that not everyone has the best intentions...

FAVOURITE PERSON TO HANG OUT WITH?

My closest friends are my family. My sister, Nicky [left], is probably the person I hang out with the most. She's really good fun to be around.



TV SHOW?

I don't watch a lot of TV, but I never miss an episode of *American Horror Story*. I can't wait for the next series. I love that Emma Roberts has a role in it, [pictured, above right] because she's a really good friend.

IDEAL DATE?

If a guy were just to take me out dancing and then go for a nice meal, that would be enough for me. I like low-key dates that aren't too over the top.



CELEB COUPLE?

David and Victoria Beckham. I've always thought that they're the most beautiful couple and they have such a gorgeous family, too. They're both really hot, successful and just perfect.

EXERCISE?

I don't exercise a lot because I travel so much, so my exercising is pretty much DJing, running to the next flight, shopping... I keep busy.



CATCHPHRASE?

Killin' it. Like, if something's just really great, I'll say, 'that is killin' it.' I don't really say 'that's hot' any more.

CELEB CRUSH?

I'm not into celebrities. I used to find them hot, but now I just want to find a nice, normal guy. Dating a celebrity is just a lot of work. It's hard to trust them, so I'm kind of over it.



SCENT?

My Paris Hilton Limited Edition Anniversary Edition fragrance is my fave – it's girly, floral and sweet. I'm obsessed.

Paris Hilton Limited Anniversary Edition EDP (100ml for £40), from Superdrug

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